

Post Shorts

Recycling schedule

The residential and recycling pickup schedule for Oct. 10, is paper. Put items in paper bags, boxes or bundles and place them on the curb.



Reduced gate hours for holiday weekend

There will be reduced gate operations at Aberdeen Proving Ground for the Columbus Day holiday.

On Oct. 5 the Harford Gate (Route 22) in APG North will close at 10 p.m., Friday, and the Wise Road Gate in APG South will close at 8 p.m. on Friday.

Both gates will reopen at 4 a.m. on Tuesday, Oct. 9.

The Maryland Gate in APG North and the Magnolia Road Gate in APG South will be open throughout the holiday period.

Harford County job fair today

The Army Community Service Employment Readiness Program and the Susquehanna Workforce Network will join Harford County in presenting a job fair 2 to 6 p.m., Oct. 4, at the Richlin Ballroom, Ramada Inn and Conference Center on Van Bibber Road in Edgewood. Industry leaders in healthcare, food service, finance, education, emergency services, manufacturing, and other fields, as well as the APG Civilian Personnel Office and several government contractors will be on hand.

Dress for success, bring plenty of resumes and be prepared to fill out applications.

For more information, call Marilyn Howard, ERP manager at 410-278-9669, or visit the Susquehanna Workforce Web site, <http://www.swnetwork.org>.

Fall Fest...cycle to 'End the Cycle'

The Army Community Service Family Advocacy Program encourages the community to ride their bicycles to the Fall Fest to end the cycle of violence.

Cyclists who participate will receive a special gift in recognition of their support

See **SHORTS**, page 7

Issue Highlights

Page 2... 22d Chemical Battalion holds change of command; HHC 61st gives Edgewood students a workout
Page 3... Military amputee team to run in Army 10-miler
Pages 4... Veterans' Voices - career fair Oct. 11
Page 5... Protecting against identity theft
Page 6... Community Notes
Page 8... MWR
Page 12... Legally Speaking, DENTAC Health Notes, Safety
Page 13... Update on Well-Being meeting; 90th Anniversary Fall Fest
Page 15... KUSAHC Health Notes

Practicing fire prevention at home, work

DSHE

Every fire safety team starts with firefighters, but they can't do it alone. Effective fire safety depends on teamwork.

The Fire and Emergency Services Division of Aberdeen Proving Ground will join 30,665 fire departments, representing more than one million firefighters across the nation in observing National Fire Prevention Week, Oct. 7 through 13.

For more than 80 years the National Fire Protection Association has been an official sponsor in developing themes for National Fire Prevention Week. This year's theme is "It's Fire Prevention Week: Practice Your Escape Plan."

This year's campaign touches on three simple essential safety lessons that everyone can learn, according to Andre'

A. Fournier, fire protection specialist for the Fire & Emergency Services Division.

The first lesson to learn is how to practice a home or work fire escape plan.

"Many people are injured by trying to escape their own house," Fournier said. "Take time during National Fire Prevention Week and conduct a home inspection. Pay close attention to your way out of every room in your home. Remove items from stairways and landings. During the middle of the night, in a smoke filled house, you are not going to see these items, and you could fall down the stairs and injure yourself. Check the hallway and remove items that would hinder a clear passage to an exit door. Keeping hallways and stairways clear provides for a clear passage in the event

EMS personnel have to bring a stretcher and other life saving equipment to care for you or a Family member."

The second lesson is installing and testing smoke alarms.

Fournier reminds people to test their smoke alarms. Four out of five fatal fires occur in the home.

"Roughly eighty percent of home fire deaths result from fires in homes with no smoke alarms, or no working smoke alarms. Smoke alarms are the great safety success story of the 20th century, but only when they are working properly. Battery operated smoke detectors should be tested once a month. It's a sound you can live with.

"If you have a battery-operated smoke detector, this is a good time to replace the batteries and conduct fire drills,"

he said.

Smoke detectors are appliances, just like toasters, stereos and furnaces. Unlike other appliances, these devices function quietly in the background. Its alarm, in response to a real smoke situation or to testing, is the only evidence that it works. A stereo that does not play will not lead to tragedy, but a worn-out smoke detector, failing to sound in a fire could.

Every state in the United States has laws requiring that smoke detectors be installed and fully operational in residential occupancies. Yet 80 percent of fire deaths last year occurred in residential fires.

The third lesson is "look for home hazards."

"Take time to conduct a fire safety inspection. You will reduce your Family's risk of

being harmed in a home fire," Fournier said and offered some tips.

Keep cooking areas clean and clear of materials that could catch on fire, such as potholders, towels, paper towels, rags, drapes and food packaging. Replace or repair electrical devices that have loose, frayed or broken cords.

"If you are a smoker, make sure ashtrays are large and deep and won't tip over," Fournier said. "Always have a metal can such as a coffee can to discard smoking material before discarding into the household trash."

The fall season is quickly approaching. This means cooler evenings and the use of alternative heating methods to take the chill out of the air.

Give space heaters plenty of
See PREVENTION, page 11

Highlighting energy, money saving technologies, practices

DIO

Energy Awareness Month is an annual event which promotes a greater awareness of energy consumption, wiser use of limited energy resources and reaffirms the importance of energy to the economic prosperity, security and growth of America.

This year the Department of Energy's theme for October is "Clean and Green for a Secure Energy Future."

By highlighting the energy and money saving technologies and practices which everyone can choose at home, at work and during daily commutes, the theme underscores the message that clean energy choices work together with energy efficiency and awareness.

Keeping America secure requires conservation to reduce demand on limited energy resources as well as increased use of renewable and alternative energy solutions.

"I ask each member of the Army community [Soldiers, Family members, civilian employees and contractors] to enhance energy security and improve conservation by taking actions to reduce wasteful behaviors," said Secretary of the Army Pete Geren.

Some of the actions Geren spoke of were simple things like turning off interior and exterior lighting when not required and shutting down

equipment when not in use. These simple actions go far in saving costly watts.

The Energy Policy Act of 2005 and Executive Order 13423 charges the federal government to significantly improve energy and water management in order to save taxpayer dollars, conserve resources and reduce environmentally harmful emissions. Additionally, the Army is actively supporting projects that provide energy from solar, wind, biomass and geothermal sources as well as using alternative fuel solutions for transportation.

As energy users, everyone has the power and responsibility to achieve the energy reduction goals established in EO 13423. But these goals, combined with additional facilities resulting from BRAC actions, put Aberdeen Proving Ground in a complex situation.

"Meeting our growing energy needs will require creativity, determination and discipline," said Business Management Division Chief Robin Hoory. "Working together, we can maintain our quality of life while improving our environment, leaving behind a safer, cleaner, more prosperous world for future generations."

For more information on Army energy initiatives and programs, visit the Army Energy program homepage <http://army-energy.hqda.pentagon.mil/>.



2007 CFC begins at APG

APG CFC Office

Aberdeen Proving Ground is conducting the 2007 Combined Federal Campaign through Dec. 15.

Last year APG raised \$416,566.79. The goal for this year is to exceed \$400,000 in donations, said Pete Leon Guerrero, CFC chairman.

"The overall goal for Central Maryland was increased by five percent over 2006 to 6.2 million dollars for this campaign," he said.

The theme for this year's campaign is "Be a Beacon of Hope."

The average of the pledges by donors is \$194.72, said Leon Guerrero who served as the vice chairman of CFC last year and rose to the occasion after being nominated for chairman.

"CFC is a worthy cause," he said. "It helps out people with disabilities and a lot of veterans utilize some of these services."



He said donations for people with disabilities are reinforced through the Leave Donations section of APG News.

"Look at all the people [on the list] who are hurt or sick," Leon Guerrero said. "There are many organizations out there within CFC that support research about cures for diseases."

He said he is working closely with APG Garrison Command Sgt. Maj. Pedro Rodriguez on the CFC.

Leon Guerrero said the

key message Col. Jeffrey Weissman, APG Garrison and deputy installation commander, and Rodriguez are emphasizing for the 2007 campaign is "everyone working as a team, coming together and be as one."

"Just like 'Army One' it is 'APG as one' [for the campaign,]" Leon Guerrero said.

Making a donation

Federal employees can make donations by check, cash or payroll deduction.

See **CFC**, page 11

'There's no excuse for domestic abuse'

Army Community Service

Nationally, the month of October is recognized as Domestic Violence Awareness Month, and Aberdeen Proving Ground is joining Army and civilian communities worldwide in commemorating the month with a series of activities and special events aimed at creating community awareness of a problem that affects people from all walks of life.

"There's No Excuse for Domestic Abuse" is the Department of the Army's theme this year.

Domestic abuse is a crime that weakens communities and directly affects mission readiness, according to Aida Rivera, ACS Family Advocacy Program manager.

"Domestic abuse is not something people readily talk about," she said. "Stress levels for service members who are victims of domestic abuse are very high. These service members worry about their careers, they worry about their children, they feel isolated and unsupported, and they deal with the added stress of having to go home at end of the day to a different kind of battle zone."

The Department of Defense defines domestic abuse as an offense under the United States Code of Military Justice or state law that involves the use, attempted use, or threatened use of force or violence against a person, or the violation of a lawful protective order obtained by the abused person against an abuser when that person is a current or former spouse; a

See **VIOLENCE**, page 11

Installation makes temporary switch to city water

DIO

On Sept. 25 the city of Aberdeen was required by Susquehanna River Basin Commission to cease drawing water from Deer Creek and implement their back-up plan to supply water to Aberdeen Proving Ground. This decision was made as a result of less than normal rain fall--drought type conditions--affecting Deer Creek which supplies water to APG.

The plan requires the city of Aberdeen to switch to Harford County water processed through the Havre de Grace water filtration plant.

The water APG is receiving meets and exceeds the Maryland state standard for potable water.

The city of Aberdeen will continue to perform standard water quality

testing throughout and during this period.

When the weather pattern provides the sufficient permissible flow rate in Deer Creek, the city of Aberdeen will resume drawing water from the Deer Creek pumping station.

Everyone is reminded that it is important to conserve water at all times. Sound water usage reduces the amount of stress placed on limited resources and wear and tear on infrastructure by decreasing water withdrawals and decreasing wastewater discharges.

Report any water leaks to the Directorate of Installation Operations service order desk, 410-306-1400.

For more information, contact Dennis Overbay, 410-652-0862.

Corps of Engineers awards contract for APG Center of Excellence

Story by
YVONNE JOHNSON
 APG News

The Philadelphia District of the U.S. Army Corps of Engineers announced Sept. 26 that it has awarded a \$477.5 million contract to design and build the C4ISR Center of Excellence complex at Aberdeen Proving Ground to Tompkins-Turner Grunley/Kinley, a Joint Venture company.

The complex will house the offices and laboratories for personnel moving to APG from Fort Monmouth, N.J., under the Base Realignment and Closure recommendations.

Khaalid Walls, a spokesman for the ACOE Philadelphia District office, said that no timetable has been set regarding groundbreaking or completion of the complex.

"This is basically the beginning of the process," Walls said. "Over the next thirty to sixty days we will be having planning, design and construction meetings, but we don't expect to be on the ground until early next year."

Sen. Barbara A. Mikulski and other Maryland politicians voiced their approval of the award.

"This contract takes us a concrete step forward in our successful implementation of the BRAC commission's decision," Mikulski said in a statement. "The recommendations were based on mission, merit and what is best for the nation as a whole."

22d Chemical Battalion (TE) couple exchange command of unit

20th Support Command

The 22d Chemical Battalion (Technical Escort) likes to be referred to as “one big Family.” The battalion’s most recent change of command for the Headquarters and Headquarters Company seems to prove that concept. Capt. Joshua Miller was recently given command of the battalion’s headquarters replacing his wife, Capt. April Miller, previous HHC company commander.

The ceremony took place in an intimate and friendly setting. Anecdotes and jokes were exchanged between the Millers and their chain of command; however, their superiors were also very clear in expressing their expectations and gratitude at having two fine officers serve as their HHC commanders.

“Captain April Miller had a dramatic impact on Soldiers. She filled more than one position here...S-1, maintenance officer, she deployed civilians and Soldiers to Iraq and Afghanistan and helped in the transitioning of the Analytical and Remediation Direc-

torate,” said Lt. Col. Matthew C. Mingus, commander.

“She looks at the big picture and focuses on the future,” he added.

He praised her for being someone who truly cares for the Soldiers and Families and thanked her for the time she invested in developing the brigade’s subordinate units.

Capt. Joshua Miller comes from the 20th Support Command (CBRNE), higher headquarters, where he served as the chemical intelligence analyst for the G2 section.

“Josh Miller is no stranger to this command and is a good choice for this company because of his experience at Fort Bragg, Iraq and Afghanistan. There is no time for him to catch his breath, and I’m confident he’s up to the task,” Mingus said.

Capt. April Miller’s parents traveled from Morgan Point Resort, Texas, to attend the ceremony.

During her outgoing speech, she referred to her father as the most important man in her life.

“He gave up so much and made so many sacrifices for me and my brothers. You built the foundation to make me an exceptional leader,” she said.

She did not leave out her husband who she referred to as being “the only one who can put up with me, who listens to me like nobody else I know.”

She concluded her speech on a light tone.

“I know he wanted red roses but instead I’m giving him something that will help him get through all the stress he will be going through with this command....a six pack of beer and another big keg of beer....and there’s more at home,” she said

The HHC change of command also included a change of responsibility ceremony. 1st Sgt. Israel Quinones relinquished responsibility of HHC to 1st Sgt. Courtney Murray. Murray last served in Kaiserslautern, Germany, as the operations sergeant for the 21st Theater Support Command.



Photo by DATA IMAGING TEAM, DOIM
1st Sgt. Israel Quinones, right, from Headquarters and Headquarters Company, 22d Chemical Battalion (TE) passes the company colors to Capt. April Miller during a Change of Command Ceremony while her husband Capt. Joshua Miller, incoming company commander looks on.

Program manager named for DoD Chemical Weapons Destruction Program Kevin J. Flamm selected as permanent ACWA leader to destroy stockpiles

PM ACWA

The selection for the Program Manager Assembled Chemical Weapons Alternatives (PM ACWA) has been approved by the Secretary of the Army after a competitive process conducted by the office of the Under Secretary of Defense (Acquisition, Technology and Logistics).

Kevin J. Flamm, who has been acting in the position since last April, now assumes full responsibility for life cycle management of the Defense

Department’s chemical weapons destruction program to destroy chemical weapons stockpiles in Colorado and Kentucky.

“In every position in which Kevin has been asked to serve, he has distinguished himself with integrity, initiative and selflessness,” said Jean D. Reed, Special Assistant for Chemical and Biological Defense and Chemical Demilitarization Programs at the Pentagon’s Office of the Assistant to the Secretary of Defense for Nuclear

and Chemical and Biological Defense Programs. “I’m confident that he will lead the ACWA team, government and contractors alike, toward the safe and successful conclusion of this critical national program.”

Prior to his selection as the PM ACWA, Flamm served as the Program Manager for the Elimination of Chemical Weapons within the U.S. Army Chemical Materials Agency. In this capacity, he was responsible for life cycle management

of the destruction of chemical weapons stockpiles in Alabama, Arkansas, Indiana, Maryland, Oregon and Utah, in addition to related materials and former chemical weapons production facilities.

“I am both pleased and honored to be able to continue working with people I respect on a program of national importance in two communities so reflective of the American spirit,” Flamm said. “They deserve, and will receive, our very best effort.”

During his more than 27 years of federal service, Flamm has held numerous positions associated with the U.S. chemical weapons demilitarization and arms control programs. He served as Project Manager, Alternative Technologies and Approaches; Product Manager, Cooperative Threat Reduction; Department of Defense representative to, and member of, the United Nations Special Commission Destruction Advisory Panel; technical advisor to the U.S. del-

egations negotiating the Bilateral Chemical Weapons Destruction Agreement and the Chemical Weapons Convention; Chief of the Technology Exchange and Treaty Compliance Office; and the lead engineer responsible for the testing and evaluation of the equipment, processes and procedures being considered for use in the U.S. chemical demilitarization facilities.

Flamm was inducted into the Senior Executive Service in 2003.

HHC 61st gives Edgewood High School students a workout



Soldiers from Headquarters and Headquarters Company, 61st Ordnance Brigade, Staff Sgt. Frederic Banks, center, and Sgt. 1st Class Keith Edwards, demonstrating a proper pushup, lead Edgewood High School students during “Team Sports,” which is a class of athletes who focus on conditioning and team concepts. This is part of a partnership effort the unit has with the school.

Story and photos by
HEATHER TASSMER
APG News

Some Edgewood High School students received a surprise when they saw Soldiers in their gymnasium on Sept. 12.

Soldiers from Headquarters and Headquarters Company, 61st Ordnance Brigade, visited the high school’s Athletic Department to give the students a workout. This event was part of a partnership between Harford County Public Schools and the brigade.

The class HHC Soldiers worked out with is called “Team Sports,” a class of athletes who focus on “conditioning and team concepts,” said Debbie Brinkman, athletic director.

“[The students] learn about coaching instead of just playing the sports,” she said.

Brinkman said the athletic department staff was “very excited” about the Soldiers working with the students.

“Not only will they give the students a good workout but they will serve as good role models,” she said.

After stretching exercises, Soldiers organized the students into a military formation. Some of the students

began to talk to one another.

“No talking in formation,” one of the Soldiers yelled, and the students quickly grew silent.

The formation was separated into several stations where Soldiers and students completed a physical fitness circuit of pushups, side straddle hops, jumping jacks, sit ups and other exercises.

After Soldiers had the students run in place and do push ups, they would blow whistles and they had to complete the stations again.

After a short break, Soldiers ran with students in formation while calling cadence for about 20 minutes.

“Military cadence is a team building tradition used within the Army to enhance training and esprit de corps,” said Capt. Jacob Grabia, HHC commander.

The physical education teachers observed the run and participated by encouraging their students.

Sgt. 1st Class Kris Toman, HHC, talked with students at the end of the workout and encouraged them to work as a team with others when they aren’t playing sports.

“You should have the team concept all of the time whether you’re playing soccer or basketball or if you’re in the

hallways,” Toman said.

Toman noted the anniversary of 9-11 just passed and said that Americans worked as a team responding to the terrorist attacks. He said that he enjoyed working and developing a relationship with the students.

Several “Team Sports” students said they enjoyed working out with Soldiers but admitted they were intimidated at first when they saw the Soldiers in the gymnasium.

“I thought ‘we are going to die,’” said Nate Soto, a senior lacrosse player.

Soto also said that the Soldiers “are good people” and made the workout fun.

Megan Urbanski, a senior who plays soccer and softball, said that she had no idea that Soldiers were going to be working with her class that day.

“I was very surprised,” Urbanski said.

She said she enjoyed working out with the Soldiers.

“It was hard but fun,” she said, adding that her opinion after the workout was that “Soldiers are fun.”

Nikkie Dorsey, a senior softball player, said she was scared when they were in formation.

“Since I’m short, I was put in the first line [of the formation],” she said, adding that she had a good time and that the Soldiers gave her a good workout.

Some of the athletic department staff members said they were very pleased with the partnership event.

“Usually a lot of alumni opt for the military two years after graduating,” said Dr. James Lamb, Science Department chair, lacrosse and football coach, adding that working with Soldiers gives students a perspective or preview of Army life and values.

Lamb said that the partnership event gets the students to work with the community and shows that the Soldiers “are not separate” from Aberdeen.

Lisa Santos, the principal who came up with the idea for “Team Sports,” echoed Lamb’s comments.

“Some of the students’ parents are in the military,” Santos said, pointing out that not all of them may understand what their parents do at Aberdeen Proving Ground. “[The partnership activity] gives them respect for their community.”

Kathleen Donaldson, physical education teacher, added that it was interesting to see the students work with someone else other than teachers.

1st Sgt. Michael Ambrose, one of

the instructors at the event, said HHC worked out with the junior varsity football team in August to get them into shape for the football season. John Wallace, science teacher and junior varsity football coach, coordinated the event.

“We had a good time,” Ambrose said, adding that most of the workout was running.

He called the workout with “Team Sports” students a light or medium workout.

Ambrose said HHC is planning on working with the students each month.

Grabia, who is in charge of the partnership, said HHC is working with Edgewood High School to rebuild their partnership.

“We have several initiatives [set up] on mentoring,” he said.

Grabia said some of HHC’s partnership plans with the high school include attending the team’s homecoming game and serving as color guard, helping the team with their study hall and organizing a physics trip to the U.S. Army Ordnance Center and Schools’ Advanced Automotive Recovery Department on APG.

“This field trip and others like it will illustrate educational principles through hands-on instruction and our Army values,” he said.



Staff Sgt. Steven Whitson, center, and Sgt. 1st Class Keith Edwards, left, lead warm-up exercises with the Edgewood High School students.

APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: IMNE-APG-PA, Building 2201, APG, MD 21005-5001, 410-278-1150. Printed circulation is 8,900. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit

factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

Editorial content is prepared, edited and approved by the APG Public Affairs Office. The APG News is printed by Homestead Publishing Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with APG. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Homestead Publishing Company of the products or services advertised. For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 2201, IMNE-APG-PA, APG, MD

21005-5001; call the editor at 410-278-1150, DSN 298-1150; send a fax to 410-278-2570; or send e-mail to editor@apg.army.mil.

Deadline for copy is Thursday at noon for the following Thursday’s paper.

Staff

APG Commander Maj. Gen. Fred D. Robinson
APG Garrison Commander Col. Jeffrey S. Weissman
Public Affairs Officer George P. Mercer
Editor Debi Horne
Editorial Assistant Marguerite Towson
Contract Photojournalists Yvonne Johnson
..... Heather Tassmer
Graphic Designer/Web Designer Nick Pentz
Web site www.apgnews.apg.army.mil

Military amputee team to run at the 2007 Army 10-Miler

‘We are proud to continue to represent our fellow amputees’

JFHQ-NCR/U.S. Army Military District of Washington

The 23rd Annual Army 10-Miler, America’s largest 10-mile race, attracts 26,000 runners from all over the world to run a course that starts and finishes at the Pentagon and passes through Wahington, D.C.

Participation in the Army’s premier event holds significant meaning to Soldiers and civilians alike. One group of special interest is “Missing Parts in Action.” This group is made up of military amputees as well as their physical therapists, and this year’s race will have the largest participation rate of MPIA runners since the team’s debut in 2004. The five military amputee teams and their support are from Walter Reed Army Medical Center, Brook Army Medical Center, Fort Sam Houston, Texas, and San Diego Naval Medical Center. While the names of the team members change from year to year, these Soldiers’ strength, courage and morale remain unwavering.

MPIA team captain Maj. David Rozelle, is a prime example of what these Soldiers can accomplish. Rozelle lost his right foot to an anti-tank mine in June 2003. After nine months of grueling rehabilitation, Rozelle was declared fit for duty and took command of the 3rd Armored Cavalry headquarters unit only one year after he lost his foot. He is the first amputee in recent military history to resume a dangerous command in the field.

Rozelle’s current assignment finds him back at Walter Reed as the administrator for the

Amputee Care Center. Rozelle serves as both a mentor and an inspiration to the wounded Soldiers at Walter Reed. Not only has he volunteered numerous hours as a disabled ski and snowboard instructor’s assistant and demonstrator, he has also finished an Ironman Triathlon.

“It is hard to believe that we are on our fourth year for this Missing Parts in Action Team,” Rozelle said. “Each year we have grown. Our first year it was just a few of us, our second was twelve, and last year we doubled to twenty-four. This year we will make our strongest showing yet with thirty and will represent all three centers. We are proud to continue to represent our fellow amputees.”

Other team members also have unique stories.

Ed Salau, a medically retired first lieutenant from the Army National Guard had an above-the-knee amputation after being hit by a Rocket Propelled Grenade in Iraq in 2004. He currently serves as the East Coast director of the Wounded Warrior Project, which provides programs and services to enrich wounded Soldiers’ lives by way of sports. For Salau, watching last year’s MPIA team prepare to run the Army 10-Miler inspired him to become part of this year’s team. This will be not only his first Army 10-Miler but also his first 10-mile run.

1st. Lt. Ivan Castro, a former weapons sergeant in a Special Forces Group currently on active duty, was injured in Iraq in September, 2006. Although Castro lost his right

eye, is blinded in his left eye, and had his right index finger amputated, the injuries he sustained have not interfered with his desire to run with MPIA. Castro will be running in this year’s race tethered to his training partner from Fort Bragg.

Capt. Wesley Knight, an active duty Army officer who has had a partial hand amputation, feels that he is not faced with as many challenges as his teammates in training for the Army 10-Miler. However, because bone was removed from his hip to replace bone that was missing in his hand, his overall physical conditioning was set back. This will be Knight’s first Army 10-Miler and he feels that this will give him the opportunity to represent not only the Army but also his friends currently serving in Iraq and Afghanistan.

Capt. Elizabeth Painter is a physical therapist currently assigned as chief, Amputee Physical Therapy Section at Walter Reed Army Medical Center. She will run alongside the teams and can attest to the fact that for each Wounded Warrior who has fought on through pain and frustration, discouragement and physical setbacks, reaching the day of the Army 10-Miler and running the race is a profound victory.

About the Army Ten-Miler

The 23rd edition of America’s largest 10-mile running event takes place on Sunday, Oct. 7 in Washington, D.C. The Association of the U.S. Army and KBR are the co-lead sponsors for this year’s event.

This Army tradition attracts more than 26,000 runners of varying experience from around the world, to run a course that starts and finishes at the Pentagon and passes national landmarks like the Lincoln Memorial, the Washington Monument and the Capitol. Known for its organizational excellence and American heroes - the Army 10-Miler is an event to be experienced.

Race weekend activities including the Race Expo presented by New Balance, featuring over 50 vendors, fitness clinics, a press conference presented by TANDBERG, and new this year, the TANDBERG Interactive Zone. The Expo and all included activities are free and open to the public. Race day features the Health Net Federal Services Youth Runs, the 94.7 FM Globe Post Race Party with bands, entertainment and a live broadcast and HOOAH Tents representing Army installations from around the world. Families will enjoy the Health Net Federal Services Youth Activity Zone, interactive inflatables, Army racing displays, the GEICO Gecko, unique sports experience the Hill, and much more. Proceeds from the Army 10-Miler go to support Soldier and Soldier Family Morale, Welfare, and Recreation programs. For more information, visit www.armytenmiler.com.

Coins awarded for customer service



Photo by YVONNE JOHNSON
APG commander, Maj. Gen. Fred D. Robinson, right, tours the Military Clothing Sales Store with store manager Charlie Marshall, left, before presenting U.S. Army Research, Development and Engineering Command coins of excellence to staff members Sept. 27. Marshall said the commander was impressed with the store and its staff during a weekend visit and returned to award them for their professionalism. “We encourage our staff to be courteous and professional at all times,” Marshall said.



Veterans’ Voices

RecruitMilitary holds career fair for veterans, their spouses Oct. 11

Story by
YVONNE JOHNSON
APG News

Hundreds of job-seeking military veterans and spouses are expected to take advantage of the chance to meet one-on-one with potential employers during the RecruitMilitary career fair to be held on the covered rear deck of the legendary battleship New Jersey near Philadelphia, Pa., Oct. 11.

“The career fair is open to veterans who already have civilian work experience or who are transitioning from active duty to civilian life, members of the National Guard and reserves, and military spouses,” said Chris Conroy, RecruitMilitary director of National Sales.

Conroy said that more than 35 veteran-friendly organizations will conduct one-on-one interviews with job seekers, and they expect an even greater turnout than for one they held at the same site earlier this year that drew more than 400 jobseekers.

“RecruitMilitary’s partnership with the President’s National Hire Veterans Committee known as Hire Vets First, a U.S. Department of Labor entity, was so successful for the twelve nationwide events we held [last year], that we are putting on forty-five career fairs across the nation this year to help even more returning troops and veterans and their spouses in more cities find employment,”



Conroy said.

Companies on hand will include Asplundh Tree Expert Company, A. Duie Pyle, Inc., Bally Total Fitness, CSX, DeVry University, the U.S. Drug Enforcement Agency, GE Energy, GEICO Direct, Hanson Building Materials America, Lowe’s, Miami-Dade County Public Schools, the Military Spouse Corporate Career Network, Milton Hershey School, Montgomery County Police Department, Oldcastle Architectural Products Group, Pestmaster, Ryder, Seniors Helping Seniors, and Walgreens, as well as regional and national businesses, law-enforcement agencies, educational institutions, veterans service agencies and government employers.

RecruitMilitary is sponsoring the event in cooperation with the American Legion; HireVetsFirst, a unit of the United States Department of Labor; and the Military Spouse Corporate Career Network.

Based in Cincinnati, Ohio, RecruitMilitary connects employers with job seekers who have military backgrounds. All of the companies owners, officers, account exec-

utives and recruiters are either veterans or active reservists. In addition to participation in career fairs, RecruitMilitary offers subscriptions to its database of self-registered job seekers who have military backgrounds, currently numbering more than 174,000, at its Web site, www.recruitmilitary.com. The company mails more than 54,000 copies of its quarterly newsletter, “Incoming!” which includes lists of job openings to more than 230 military installations for transitioning personnel. The president of RecruitMilitary is Drew Myers, a former captain in the U.S. Marine Corps. The company was founded in 1998.

The battleship New Jersey is the most highly decorated battleship in U.S. naval history. It now serves as an educational museum docked on the Delaware River off the Camden, N.J. waterfront across the river from Philadelphia. The address is 62 Battleship Place, Camden, N.J 08103.

For directions or more information, visit www.recruitmilitary.com and click on ‘View Schedule’ or e-mail Gibson at chuck@recruitmilitary.com.

VA announces national suicide hotline

MDVA

Suicide is the 11th most frequent cause of death in the United States, accounting for approximately 30,000 deaths annually. It is estimated that someone dies from suicide every 16 minutes.

To ensure that veterans who may be contemplating sui-

cide, and concerned Family and friends have immediate access to trained personnel who can help them, the Department of Veterans Affairs has established a 24-hour national suicide prevention hotline, 800-273-TALK (8255).

The hotline is based at the Canandaigua VA Medical Center in upstate New York. It is staffed by mental health professionals who know how to assess and respond to crisis situations for veterans at risk of suicide, and incorporates the best practices and research findings in suicide prevention and intervention with the goal of reducing suicides among veterans nationwide.

“This is another significant step to ensure that veterans, particularly the newest generation of combat vets returning from Iraq and Afghanistan, receive accessible and compassionate care for their mental health concerns,” said Jim Nicholson, secretary of Veterans Affairs.

The VA hotline is part of the National Suicide Prevention Initiative – a collaborative effort led by the U.S. Department of Health and Human Services’ Substance Abuse and Mental Health Services Administration. The phone number is the same as SAMHSA’s National Suicide Prevention Lifeline, a network

of local crisis centers located in communities across the nation that are committed to suicide prevention.

Callers to the hotline will be asked to press ‘1’ if they are a veteran or are concerned about the well-being of a veteran, and will be immediately referred to trained staff at Canandaigua. If all counselors at the facility are busy, calls will be transferred elsewhere so that callers never receive a busy signal or are put on hold.

Warning signs that indicate a person may be contemplating suicide include:

- Talking about wanting to hurt him or herself,
- Trying to obtain pills, weapons or other items that can cause bodily harm,
- Talking or writing about death, dying or suicide,
- Exhibiting a general feeling of hopelessness,
- Exhibiting behaviors that indicate rage, uncontrolled anger or a need to seek revenge on someone or something
- Acting in a reckless or risky way,
- Feeling trapped, as if there is no way out,
- Saying or feeling there is no reason for living.

Veterans who have such feelings or Family members who have observed any or all of these warning signs are encouraged to call the hotline

at 1-800-273-TALK. The hotline is the only national suicide prevention and intervention telephone resource funded by the federal government.

In addition to the national hotline, the VA has established a Web site, <http://www.mentalhealth.va.gov>, to provide information on suicide prevention awareness.

“While people who are thinking about suicide may think they have problems that can’t be fixed, they are wrong,” said Dr. Michael J. Kussman, VA under secretary for Health. “We can help, and we want to help. Please don’t wait – call now.”

The VA provides mental health services at each of its 153 medical centers, more than 900 outpatient clinics and 207 veteran centers. The VA specializes in addiction and substance abuse; depression; homelessness; schizophrenia; post-traumatic stress disorder; readjustment counseling and vocational rehabilitation.

For more information about these and other programs, contact Nikole Jones, suicide prevention coordinator, Perry Point VAMC, 410-642-2411, ext. 5020, or Kathleen Cromwell, suicide prevention coordinator, Baltimore VAMC, 410-605-7000, ext. 7410, or visit the Web site <http://www.suicidepreventionlifeline.org>.

Learn to protect against identity theft

CID special agents share tips to deter, detect and defend against fraud

CID

Special agents of the U.S. Army Criminal Investigation Command, commonly known as CID, are helping Soldiers, Family members and Army civilians learn to recognize the warning signs to deter, detect and defend themselves from becoming targets of identity theft and consumer fraud.

With billions of dollars lost and millions of Americans as victims, consumer fraud and identity theft is the number one complaint for consumers in the United States.

CID defines identity theft and identity fraud as any type of crime involving the fraudulent use of someone’s personal identifying information, such as a Social Security number, date of birth or bank account number to commit a crime.

According to a 2007 Federal Trade Commission Annual Report on Consumer Crime, identity theft is a vicious crime that can continue well beyond someone losing their money or personal property; it’s a crime that can rob innocent men and women of their good credit, reputation and financial well-being, without them even knowing it has occurred.

Commonly, the identity thief will use this information for financial gain, often taking control of someone’s personal finances, obtaining credit cards, making purchases online, and taking out loans, all within one’s name, but can also obtain and incur services charges such as cell phone bills and rental car fees.

Even worse is when the imposter commits crimes using the identity of someone else and gives that person a criminal record.

On average the identity theft victim doesn’t realize they are a victim for approximately 12 months and often spends the next couple of years trying to repair the damage the imposter has done to their credit, reputation and financial well-being.

Military members and their Families can be targets for identity theft. Much of their personal information is contained in documents needed to conduct daily business. From identification cards, vehicle registrations, TDY and PCS orders to DD Form 214 (Certificate of Release or Discharge from Active Duty), all contain personal information that needs to and should be safeguarded.

Some of the common ways identity theft can occur involves skilled identity thieves using a variety of methods to steal personal information. According to CID Special Agents and the FTC, some of the methods include:

The Scam - Dumpster diving

This involves rummaging through trash looking for bills or other personal information. Thieves will collect the information, piece torn documents together and use it to steal an identity.

What to do - Shredding or burning bills or documents with personal data will help prevent identity theft. Also destroy any pre-approved credit card applications received in the mail.

The Scam - Pretext calling

Pretext calling is the fraudulent means of obtaining a person’s personal information needed to impersonate someone. The pretext caller through deception poses as a bank employee, law enforcement official, or other authority figures and through innocent sounding questions and queries collects personal identifying information needed to further their crime. A pretext caller may contact financial center employees, posing as clients, accessing the clients’ personal account information changing addresses so as not to alert the person being victimized until it is too late. The callers can then withdraw, divert or create fraudulent accounts without the victim’s knowledge. Not only are banks being contacted but also employers and even

the victim themselves.

What to do - Avoid the pretext caller, be cautious when providing personal information and for what purpose. Never give out personal information over the phone or Internet unless you initiated the contact or know the person to whom the information is being provided. When at work and someone calls trying to get personal information about an employee, ask for their name and number then verify prior to providing any information.

Most of this seems like common sense; however, these pretext callers are experts in the execution of their scam and sound very convincing.

The Scam - Card skimming

This method involves the unauthorized copying of electronic data from a person’s credit or debit cards through the use of hidden equipment like cameras, false PIN pads on ATM machines or card readers.

What to do - An individual should use their hand or body to prevent people from looking over their shoulder while at an ATM or a debit card point of sale terminal. Look for any physical alterations at the ATM or debit card location.

The Scam - Phishing

Identity thieves known as “phishers” send e-mail or “pop-up” messages claiming to be a legitimate business or organization like a bank, Internet service provider, online payment service, or government agency. The urgent message directs the victim to a familiar-looking Web site to “update” or “validate” their account information, which will then be used to run up bills or commit crimes in their name.

What to do - To avoid phishing scams, don’t use e-mail, instant message, or chat room links to get to any Web page if user suspects the message might not be authentic or the sender is unknown. Avoid filling out forms in e-mail messages that ask for person-

al financial information and ensure the Web site is secure when submitting credit card or other sensitive information via a Web browser.

The Scam - Vishing

This is a relatively new scam that uses Voice over Internet Protocol, or “VoIP” phones to steal financial information. “VoIP” is a technology that allows a person to make voice calls using a broadband Internet connection instead of a regular (or analog) phone line. “Vishing” is a combination of “voice” and “phishing,” which is short for “voice phishing.” Con artists send blast e-mail or recorded phone messages that appear to be from a financial institution, payment service or other well-known business. The message reports a “security” problem and urges the victim to call a telephone number to “fix” their account. The victim thinks it’s safer calling a telephone number than to click on an unknown imbedded hyperlink.

What to do - Do not automatically trust a phone number based on its area code. Con artists can hack into caller ID systems and VoIP users can assign any area code to a phone number. To avoid becoming a victim of this scam, do not give out PIN numbers or passwords, especially if receiving a recording that refers to the person as a “valued customer” instead of by name. These are warning signs since legitimate institutions would never ask a person to verbalize PIN or passwords. If a person needs to check their card legitimately, don’t call a number they provided, call the number on the back of the card or recent bank statement.

The Scam - “Old-fashioned” theft

Wallets and purses; mail, including bank and credit card statements; pre-approved credit offers; and new checks or tax information are likely targets of theft that can lead to identity theft.

What to do - Consumers can place fraud alerts with their credit card companies and are mainly effective against new credit accounts being opened in a person’s name. But, fraud alerts have their limitations and will likely not stop thieves from using a person’s existing accounts, or opening new accounts such as new telephone or wireless accounts, where credit is often not checked. If someone suspects they are a victim of identity theft, report it immediately to a local law enforcement, financial institution or agency where the discrepancy was discovered.

The Scam - Changing address

Billing statements and other personal information can be diverted to another location by a thief completing a “change of address” form.

What to do - The Postal Service has safety devices in place to inform the consumer that a change of address has taken place by sending a confirmation notification to both the old and new addresses. Consumers then have the ability to correct the action if they did not initiate the address change.

Additional tips

If an e-mail or pop-up message asks for personal or financial information, do not reply or click on the link in the message. Legitimate companies don’t ask for this information via e-mail. If concerned about an account, contact the organization in the e-mail using a telephone number known to be genuine, or open a new Internet browser session and type in the company’s correct Web address. Do not cut and paste the link in the message.

Don’t e-mail personal or financial information. E-mail is not a secure method of transmitting personal information.

If someone initiates a transaction and wants to provide their personal or financial information through an organization’s Web site, look for indicators that the site is secure, like a lock icon on the browser’s status bar or a URL for a Web site that begins “https:” (the “s” stands for “secure”). Unfortunately, no indicator is foolproof; some phishers have forged security icons.

Review credit card and bank account statements as soon as received to determine whether there are any unauthorized charges. If the statement is late by more than a couple of days, call the credit card company or bank to confirm the billing address and account balances.

Use anti-virus software and keep it up to date. Some phishing e-mails contain software that can harm a computer or track someone’s activities on the Internet without their knowledge. Anti-virus software and a firewall can protect individuals from inadvertently accepting such unwanted files. Anti-virus software scans incoming communications for troublesome files. Look for anti-virus software that recognizes current viruses as well as older ones; that can effectively reverse the damage and that updates automatically.

A firewall helps make someone invisible on the Internet and blocks all communications from unauthorized sources. It’s especially important to run a

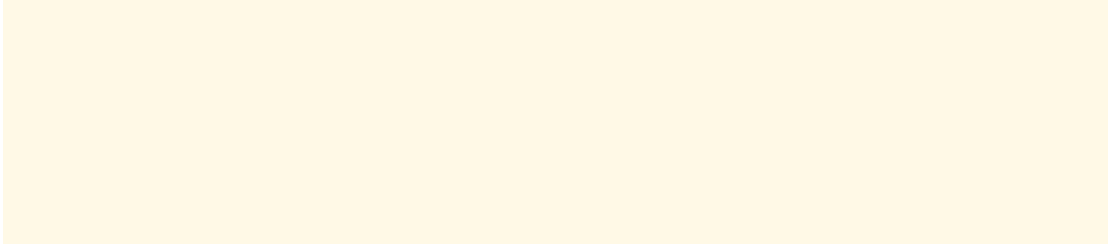
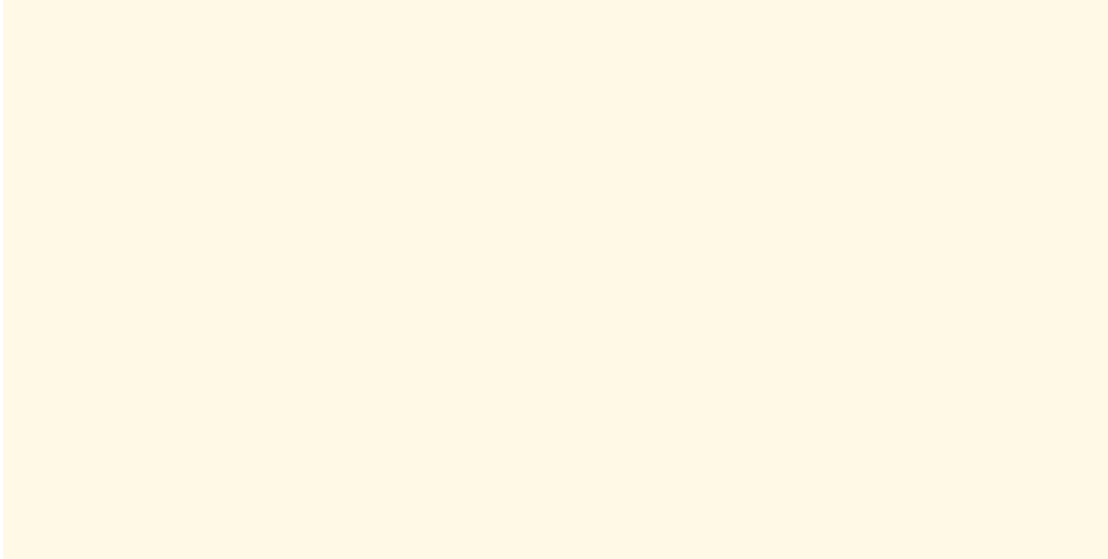
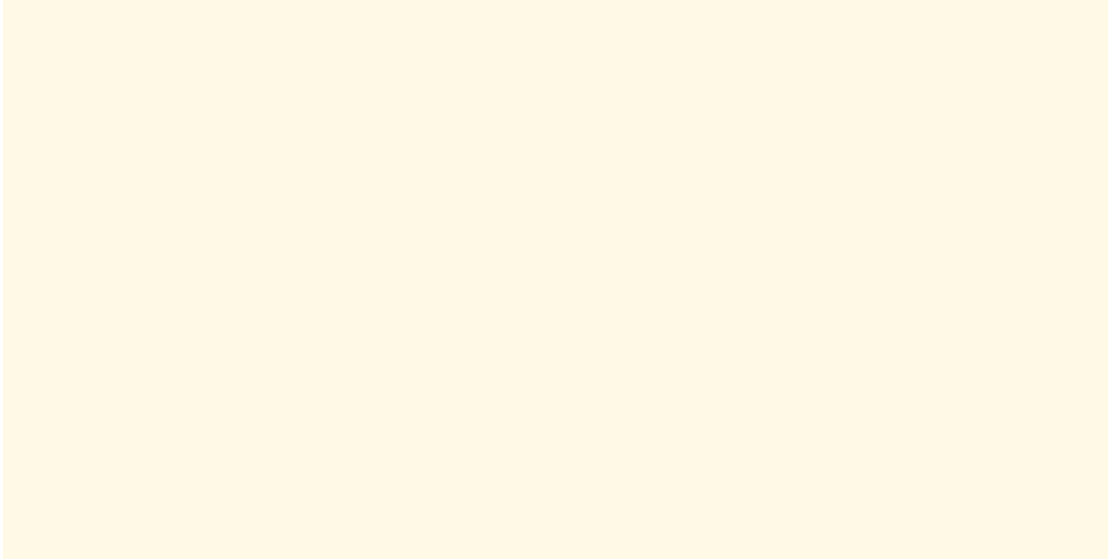
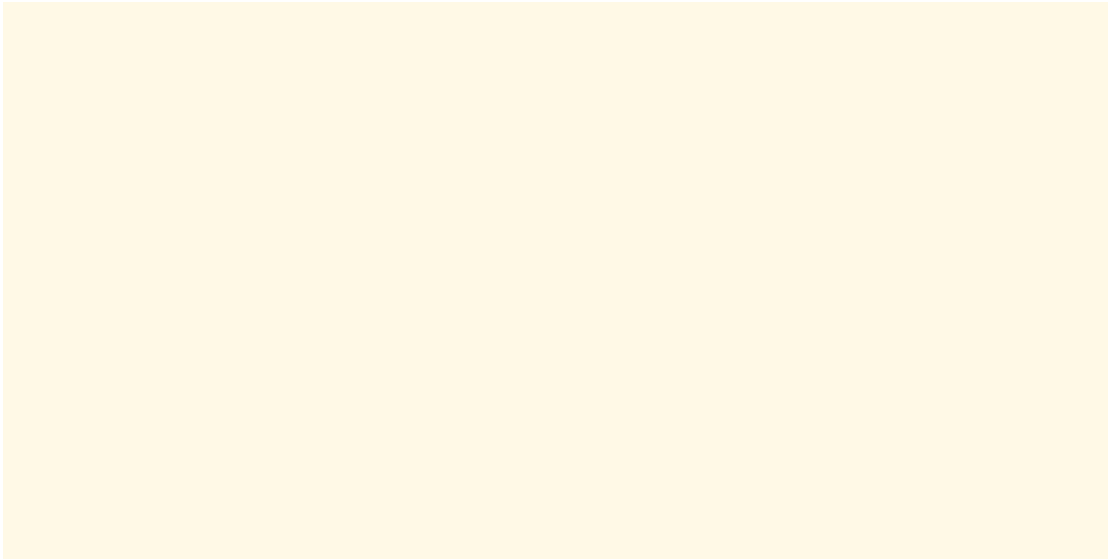
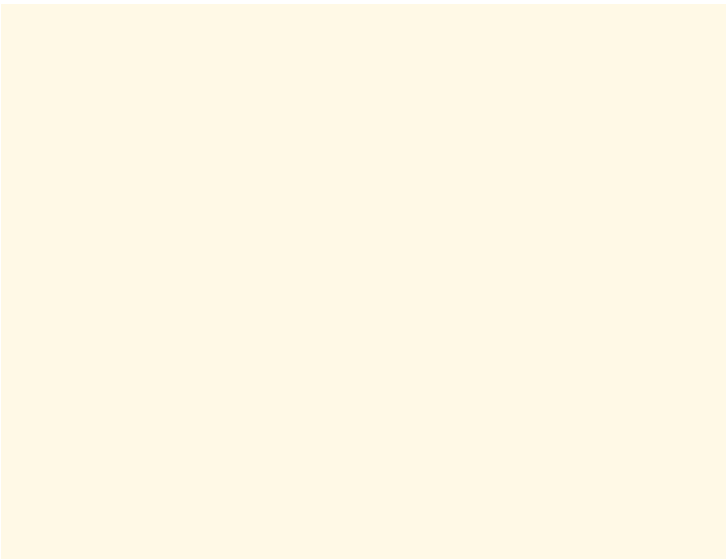
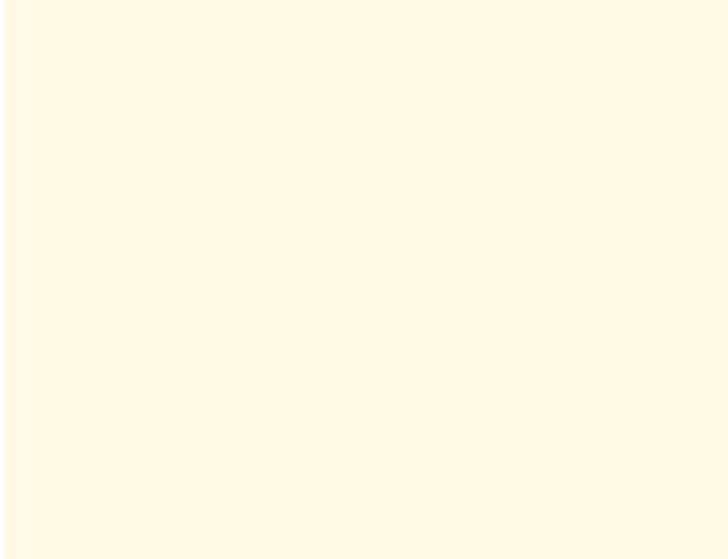
firewall if using a broadband connection. Finally, the operating system (like Windows or Linux) may offer free software “patches” to close holes in the system.

Soldiers who do not expect to seek new credit while deployed also have the option of placing an “active duty alert” on their credit report while away from their duty stations. The alert requires creditors to take steps to verify a person’s identity before granting credit in the name and is effective for one year, unless requested to be removed sooner. If a deployment lasts longer than a year, another alert can be added on the report.

CID special agents recommend consumers become aware of the signs that identity theft has occurred. Some examples include: late or missing bills, receiving credit cards that were not applied for, being denied credit or offered less favorable terms for no apparent reason, or being contacted by debt collectors or others about purchases that were not made.

The FTC recommends individuals review their credit report for inaccuracies at least once a year by calling the toll-free fraud number of any one of the three nationwide consumer credit bureaus:

- Equifax - www.equifax.com - 800-685-1111
- Experian - www.experian.com - 888-397-3742
- Trans Union - www.tuc.com - 800-916-8800



Community Notes

THURSDAY

**OCTOBER 4
DEPUTY SECRETARY
OF DEFENSE SPEAKS**

The Baltimore Council on Foreign Affairs will present Deputy Secretary of Defense Gordon England 6 p.m., in the Maryland Ballroom of the Renaissance Hotel, located on 201 East Pratt Street, Baltimore. England will present “A Perspective on the Current Situation in Iraq and Security Challenges to the United States.” Reservations are required. Members are free, non-members pay a \$15 fee. Membership is open to the public.

For more information, to make a reservation, apply for membership or to purchase tickets, call 410-727-2150, write to the Baltimore Council on Foreign Affairs, World Trade Center, 401 E. Pratt Street, Suite 1611, Baltimore, MD 21202, or e-mail bcfapro-

grams@verizon.com.

**HARFORD COUNTY
JOB FAIR**

The 19th annual Harford County Job Fair will be held 2 to 6 p.m. in the Richlin Ballroom and Ramada Inn and Conference Center located on 1700 Van Bibber Road, Edgewood. Organizations include healthcare, food service, finance and education, emergency services, communications, construction, utilities, manufacturing and distribution, APG Civilian Personnel Office and many BRAC and government contractors. For more information, visit www.swnetwork.org for a list of participating employers.

SATURDAY

**OCTOBER 6
GERMAN/AMERICAN
OKTOBERFEST**

American Legion Edgewood Service Post 17, located on

415 Edgewood Road, will hold a German/American Oktoberfest. Doors open 5 p.m. Tickets cost \$15 per person and include music by Eugen and Alfred Zeller, Mizzi the yodler, DNJ Angelika and cash bar. No BYOB. Menu includes schnitzel, jaegersauce, bratwurst, sauerkraut, puree, rolls, kartoffel salad, french fries and German beer. Shots at the bar cost \$4 each. Plum cake with whipped cream costs \$4 each.

For more information or to purchase tickets, call Lis 410-676-1146.

**TRAIL TREK:
SUSQUEHANNA STATE
PARK**

Enjoy a splendid 3- to 4-mile hike with volunteer Eugene Burg along the banks of the Susquehanna. Bring lunch. Meet at Susquehanna State Park - location to be determined. This program will be held 9 a.m. to 1 p.m. for

ages 10 to adult. The program is free but registration is required.

For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

**COMMUNITY YARD
SALE**

Ames United Methodist Church, located on 112 Baltimore Pike, Bel Air, will hold a Community Yard Sale, 9 a.m. to 1 p.m. Proceeds will benefit the Ames United Methodist Church school.

For more information, call Robin Smith, 410-803-9668 or e-mail rawasmith@comcast.net.

**AMES UNITED
METHODIST CHURCH
HEALTH FAIR**

The Rev. Winifred J. Blagmond, Pastor, Ames United Methodist Church, located on 112 Baltimore Pike, Bel Air, will hold Healing in the Body of Christ, Health Fair 2007, 9 a.m. to 1 p.m. Events include blood pressure screening, body fat analysis, holistic medicine, children’s activities and door prizes. Donations will be accepted.

Proceeds will benefit the Health and Welfare Ministry. For more information, call Robin Smith, 410-803-9668 or e-mail rawasmith@comcast.net.

X MARKS THE SPOT

Join a naturalist for a park wide scavenger hunt. Follow clues to explore the park, find what is on a list and then enjoy a snack. This program will be held 1 to 3 p.m. for all ages (Families). Cost is \$10 per Family, and registration is required.

For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

SUNDAY

**OCTOBER 7
NATURE TALES**

Come explore nature through a story. Listen to a tale about an animal or a habitat. Story time may include meeting a live critter, a simple craft or acting out the story.

This program begins at 1 p.m., the topic is bats, and is free for all ages. No registration required.

For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

**A-FOWL ON THE
WATER**

A mystery canoe trip on the creek will lead to clues to solve a murder. This program will be held 3 to 5:30 p.m. for ages 8 to adult. Cost is \$10 and registration is required. For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

SATURDAY

**OCTOBER 13
YOUNG MARINES
HOST SPAGHETTI
DINNER/BASKET
BINGO**

The Jarrettsville Young Marines will host a Spaghetti Dinner and Basket Bingo, 5:30 p.m., at the Jarrettsville Manor Veterans of Foreign Wars Hall located on Morse Road. Dinner starts at 5:30 p.m., Bingo starts 7:30 p.m.

Proceeds will benefit the Young Marines’ opportunities to represent Harford County and the state, encampments, transportation and medical needs.

Tickets for the spaghetti dinner and bingo cost \$15 in advance and \$20 at the door; tickets for just Bingo cost \$12 in advance and \$15 at the door; and tickets for just the spaghetti dinner costs \$5. For more information or to purchase tickets, call Maria Reich, 410-256-0280 or e-mail maria0828@comcast.net.

(Editors Note: More calendar events can be seen at www.apgnews.apg.army.mil under Community Notes.)

Spouses Club events

MCSC to welcome Uschi Marin

The Military and Civilian Spouses’ Club will welcome Uschi Marin, wife of Command Sgt. Maj. Hector Marin, U.S. Army Research, Development and Engineering Command, as their newest advisor at Oktoberfest at Deutsches Gasthaus, located on 1436 South Philadelphia Boulevard, Aberdeen, 6:30 p.m., Oct. 12. There will be a German buffet and cash bar. Cost is \$17 per person. Spouses are welcome to come also.

For more information, call Claire Rice, 410-734-2076.

MCSC toy drive for Fisher House

The Military and Civilian Spouses’ Club is currently holding a toy drive for children who

are staying in the Fisher Houses while their parents are getting medical attention at Walter Reed, Bethesda and other military medical facilities.

Toys must be new, unwrapped and for any age child - no stuffed animals or violent games that show Soldiers being attacked.

Bring donations to the MCSC October function or call Sandy Matthews, 410-272-9130, or Sonja Flanigan, 410-297-6519 to make arrangements for toy donation.

Membership

For information about joining the MCSC, call Dawn Kilmon, 410-297-6727, or visit www.apgmcs.org and download an application.

Chapel News

**Women of Grace
Ministry**

Women of Grace Ministry meetings, an APG Gospel service, will be held 7 p.m., on the first Friday of each month, APG North Chapel, classroom 4. The book “Confident Women,” by Joyce Myers will be read. All women are invited to attend. Childcare will be provided upon request.

The Women of Grace Ministry will meet 10 a.m., Oct. 13, at the APG North Chapel for a fellowship gourmet tea and brunch. All women are invited to enjoy fellowship and fun – design a hat and win a spa basket. Guest speaker will be Minister Eva Mims of the New Destiny Evangelist Church, Edgewood. This event is free.

For more information or to

register, call Renata Weaver, 410-272-6583.

The Women of Grace Ministry meet 10 a.m. the second Saturday of each month at a location to be announced.

For more information, call Renata Weaver, 410-272-6583.

**Catholic Women of
the Chapel**

CWOC invites all women to the first Friday of the month gatherings 10 a.m. and Monday evenings, 6:30 to 8:30 p.m.

All meetings are held at the Main Post Chapel Fellowship Hall.

For more information, call Cathy Day, 410-937-2617, Kathleen Santana, 410-273-7358, Librada Peters, 410-864-8815 or Bernadette Kovalsick, 410-322-5206.

**Gospel Children’s
Church/Sunday
School**

Children’s Church is conducted every Sunday during

the noon Gospel Worship Service at Main Post Chapel. All are welcome.

Children and adults are invited to attend Gospel Sunday School 11 a.m. to noon at the Main Post Chapel.

For more information, contact Clarence Weaver, 443-567-8934.

Volunteers are always welcome and training will be provided.

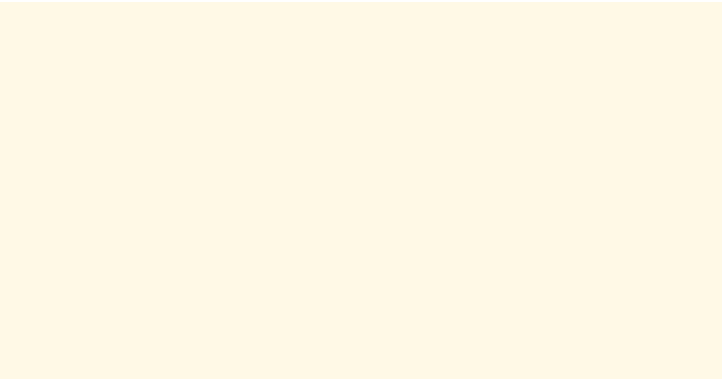
For more information on Religious Education Chapel Programs, call Gerri Merkel, DRE, 410-278-2516.

**Protestant
Children’s Church**

PCC is conducted every Sunday during the 10:15 Protestant Worship Service in the Fellowship Hall at Main Post Chapel. All are welcome.

**Protestant Adult
Bible Study**

Protestant Adult Bible Study is held every Sunday, 9 to 9:50 a.m. at the Main Post Chapel.



Post Shorts

against Domestic Violence.
“There’s No Excuse for Domestic Abuse.” The Family Advocacy Program will have a booth at the Fall Fest.
For more information, call ACS, 410-278-2435.

Veterinary Clinic closings

The APG Veterinary Treatment Facility will be closed Oct. 8 for Columbus Day and Oct. 31 for end of month inventory. For more information, call the VTF, 410-278-4604/3911.

NFFE Local 178 holds monthly meetings

The National Federation of Employees NFFE-IAM, Federal District 1, IAMAW, AFL-CIO, NFFE Local 178 invites all bargaining unit members to attend monthly meetings 11:30 a.m. to 12:30 p.m., building E-4415 (RDECOM, ECBC, ECBC matrixed employees, MRICD, 22d Chemical Battalion and Acquisition Center government employees). Meeting will be held Oct. 18.
Topics include union health benefits, union member rights/benefits, legislative update and National Security Personnel System update.
For more information, call 410-436-3942 or e-mail local178@apg.army.mil.

Navigating technology transfer

The 2007 Annual Meeting of the Federal Labs Consortium Mid Atlantic Region will be held 1 p.m., Oct. 22 thru 24, at Harbortowne Resort located in St. Michaels, Md. The meeting is designed to be useful to federal, industry, academic and economic development practitioners. A training session on technology transfer will be held 1 to 4:30 p.m., Oct. 22, followed by a networking reception in the evening.
Cost to attend after Sept. 28, is \$300; the training session costs \$40 extra.
The FLC Awards for Excellence in Technology Transfer and the Hot Technology contest will also be featured.
For more information or to register for the conference, visit http://www.flcmidatlantic.org/2007_annual_meeting.html.
The FLC MAR consists of the states of Delaware, Maryland, Pennsylvania, Virginia, West Virginia, and the District of Columbia. Select conference sponsorships with many valuable benefits are also available. For more information, visit http://www.flcmidatlantic.org/2007_annual_meeting_sponsors.html

Register for the 2007 Combatant Commanders Workshop

John J. Young Jr., acting under secretary, Acquisition, Technology and Logistics and R. Paul Ryan, administrator, DoD Defense Technical Information Center will host the 2007 Combatant Commanders Workshop, Oct. 29 and 30 at the “Lighthouse,” Center for Innovation, 8000 Harbor View Boulevard, Suffolk, Va.
The topic of the workshop is “Rapid Technical Support for the Warfighter.” Military officers, colonels and above and civilians, GS-14 and above are eligible to attend. There is no registration fee associated with this workshop. Workshop attendees are responsible for travel and lodging costs.
The purpose of the workshop is to improve CoCOM awareness of technology information, and align force providers technical information needs with the DTIC tools, Research and Engineering Portal, Information Analysis Centers and Scientific and Technical Information Network.
Questions, issues or suggestions can be e-mailed to the workshop coordinator at DTICCoComWorkshop@dtic.mil.



D.A.R.E. Dance
A Drug Abuse Resistance Education Dance assembly will be held at the Youth Center 4 p.m., Oct. 17. Attendees will see a sample of each dance that will be taught to 25 APG children this fall. Applications for the D.A.R.E. Dance program are available at CYS. Children’s applications are chosen on a first-come, first-serve basis. Those who don’t make it into the fall program will be put on a list for the spring DARE Dance.
(See D.A.R.E. preview article on the APG News Web site, <http://apgnews.apg.army.mil/Archive/pdf2007/Aug2307/Aug2307.pdf>, for background on D.A.R.E. Dance.)

APG Dare Program
Parent Orientation will be in December. Program will start in January and will be held on Thursdays at the APG North Youth Center.
The elementary school age program will be from 7:30 to 8:15 a.m. on Thursdays for 9 weeks and the middle school program will be from 3 to 4 p.m. on Thursdays for 9 weeks. The APG South Program will be planned at a later date.
The D.A.R.E. Dance Program and regular Dare programs should finish around the same time which will allow for a combined recital/graduation.
For more information, call Mike Farlow, 410-278-3609, or visit www.dare-america.com.

For more information or to register, visit Web site <https://www.enstg.com/Invitation> and enter code 20069924.

Sign-up for Christmas Gift Wrap Program

Plans are underway for the annual 2007 Christmas Gift Wrap Program sponsored by AAFES and coordinated by the APG Army Volunteer Corp Coordinator. All Aberdeen Proving Ground Family Readiness groups, APG non-profit organizations, and APG volunteer activities are eligible to participate and should designate a representative.
Organization/activities interested in participating must contact Marilyn Howard, 410-278-9669, by Oct. 30 with the names and phone numbers of representatives.

All representatives must attend a mandatory meeting 10 a.m., Nov. 10, building 2754, Army Community Service.

Disability Employment Training Conference scheduled

The Federal Executive Board is sponsoring the annual Disability Employment Training Conference 8:30 a.m. to 3:30 p.m., Nov. 8. The conference is being hosted by and at the Centers for Medicare and Medicaid Services Complex, 7500 Security Boulevard, Baltimore (Woodlawn).
This one-day conference is for federal, state and local managers, supervisors, professionals, special emphasis program managers and employees, who work in the disability arena. The conference fee of \$50 includes a continental breakfast, lunch, breaks and a conference padfolio and materials.
For additional details and registration information, visit the FEB Web site <http://www.baltimorefeb.us> or send an e-mail to Baltimore.feb@verizon.net.

2008 FEHB, FEDVIP rates posted

The Federal Employees Health Benefits Open Season will be held Nov. 12 through Dec. 10.
Rates for the 2008 Federal Employees Health Benefits and Federal Employees Dental and Vision Insurance Program rates

have been posted. New rates will be effective Jan. 6, 2008.
To view FEHB rates, visit <http://www.opm.gov/insure/health/08rates/index.asp>; to view FEDVIP rates, visit <http://www.opm.gov/insure/dentalvision/08/vision.asp>. There is no icon, click on the word “dental” or “vision.”
More information on the Benefits Open Season will appear in future issues of the APG News.

(Editors Note: More Shorts can be seen at www.apgnews.apg.army.mil under Shorts.)



MORALE, WELFARE & RECREATION

Activities/Events

Sight and Sound trip

The Civilian Welfare Fund will sponsor a trip to Sight and Sound, Oct. 5 to see "In the Beginning," with dinner at Hershey Farms. Experience the dawn of creation as Sight and Sound Theatres presents the account of the creation of the world. Tickets cost \$93 for adults; \$69 for teens, ages 13 to 18 years; and \$47 for children, ages 12 years and under. Cost includes ticket, dinner buffet at Hershey Farms and charter bus transportation. The bus will depart 4 p.m.

For more information or for reservations, call Angela Keithley, 410-278-4603/4771.

Choose Phantom of the Opera or Les Miserables

MWR Leisure Travel Services has tickets for Phantom of the Opera or Les Miserables on Broadway, 2 p.m., Oct. 13. Tickets cost \$130 each for Les Miserables or \$115 each for Phantom of the Opera. Cost includes bus transportation and admission into each play. There will be time for shopping before and after each show.

For more information or to purchase tickets, call MWR Leisure Travel Services, APG North Recreation Center, building 3326, 410-278-4011/4907 or e-mail MWR-LeisureTravel@apg.army.mil.

Piano lessons

Piano I

Piano lessons for beginners with no prior experience or instruction will be held 6 to 7 p.m., on Mondays, Oct. 15 through Dec. 3 (no class on Nov. 12 for Veteran's Day).

Piano II

Piano lessons for students who can read music and had previous training will be held 7 to 8 p.m., on Mondays, Oct. 15 through Dec. 3 (no class on Nov. 12 for Veterans Day).

Learn to play the piano or the keyboard by mastering the basic skills required to read and play music. All equipment is provided.

Students will be responsible for purchasing the book prescribed by the instructor for the course.

Classes cost \$60 per person and will be held at the Aberdeen Recreation Center Ballroom, building 3326.

For more information or to register, call the MWR Registration office, building 3326, 410-278-4907/4621.

Dog Obedience for Beginners

Get hands-on training and learn techniques that will help the dog respond to commands in a positive way.

Class will be held 6:30 to 7:30 p.m. every Thursday, Oct. 18 through Nov. 29 (no class Nov. 22) at the APG North Recreation Center, building 3326. Registration costs \$60.

For more information or to register, call MWR

Registration office, 410-278-4907/4621, building 3326.

Scrapbooking Crop

The Civilian Welfare Fund will sponsor a Scrapbooking Crop, 9 a.m. to 5 p.m., Oct. 20, at Top of the Bay.

For any seasoned scrapbooker or those who would like to try scrapbooking, come and "Crop Till You Drop."

Cost is \$22 per person and includes lunch, door prizes and a goodie bag. Vendors will have items for all scrapbooking needs and a massage therapist will be available for an optional massage. A stress-free day for all with plenty of pampering.

For more information or to make a reservation, call Angela Keithley, 410-278-4603.

Basic Auto Mechanics

Sign up for Basic Auto Mechanics classes designed to enable the student to perform maintenance on a vehicle's engine and small engines including lawn mowers and some vehicle accessories.

Classes will be held 5:30 to 7 p.m., on Thursdays, Nov. 8, 15, 29 and 7, at the Automotive Crafts Shop, building 2379. Cost is \$45. The deadline to register is Nov. 6.

For more information or to register, call the MWR Registration office, building 3326, 410-278-4907/4621.

Choice of shows at The Hippodrome Theater

MWR Leisure Travel Services has discounted tickets for several shows at The Hippodrome Theater, located on France-Merrick P.a.c., 12 N. Eutaw Street, Baltimore.

Shows include:

- My Fair Lady, 2 p.m., Nov. 11
- Avenue Q, 2 p.m., Dec. 15
- Cirque Dreams, 2 p.m., Jan. 26 and Feb. 2, 2008
- High School Musical, 2 p.m., Feb. 23, 2008; and 8 p.m., Feb. 29, 2008
- Camelot, 2 p.m., March 29, 2008
- The Color Purple, 2 p.m., May 3, 2008; 2 p.m., May 10, 2008; and 6:30 p.m., May 11, 2008.

Tickets are available for a limited time – purchase them now. Tickets range in price from \$33 to \$87. To order tickets, visit www.eventusher.com; enter the special password: 105MWRAPGMD and follow the instructions on the ordering page.

Price includes show ticket only, no transportation is provided. Open to all DoD ID card holders.

For more information, or to purchase tickets, visit the MWR Leisure Travel Office located in Aberdeen North Recreation Center, building 3326, call 410-278-4011/4907 or e-mail MWR-LeisureTravel@apg.army.mil.

Disney High School Musical on ice

Tickets are available for Disney High School Musical: The Ice Tour, Nov. 2 through 4, at the 1st Mariner Arena, Baltimore.

For more information, call MWR Leisure Travel Services, Aberdeen Recreation Center, building 3326, 410-278-4011/4907, or e-mail mwr_registration@apg.army.mil.

Do-it-yourself New York City tours

MWR has scheduled several trips to New York City – eight hours for sightseeing, shopping, watching a Broadway matinee, venturing into China Town and more.

Trips will take place Oct. 20 or Nov. 17. Cost is \$40 per person. The bus will depart 8:25 a.m. and will return 10:30 p.m. Open to all DoD card holders.

For more information or to register, call or visit MWR Leisure Travel Services, APG North Recreation Center, building 3326, 410-278-4011/4907 or e-mail MWR-LeisureTravel@apg.army.mil.

Grease on Broadway

Sandy and Danny reunite once again. See Grease, 2 p.m., May 17, 2008, on Broadway. Tickets cost \$165 each

and include bus transportation and Broadway play. This event is open to all DoD ID card holders. Purchase tickets in advance, or purchase tickets as a Christmas gift.

For more information or to purchase tickets, call MWR Leisure Travel Services, Aberdeen Recreation Center, building 3326, 410-278-4011/4907 or e-mail MWR-LeisureTravel@apg.army.mil.

Tickets available for Toby's Dinner Theatre

Toby's Dinner Theatre has two locations: Best Western Hotel and Conference Center located on 5625 O'Donnell Street, Baltimore and 4900 Symphony Woods Road, Columbia, Md. (South Entrance Road between Route 29 and Little Patuxent Parkway). Shows are open to all DoD ID card holders.

Baltimore shows

Three upcoming shows include Grease, Nov. 19; Dreamgirls, through Nov. 11; and Holiday Hot Nostalgia opening Nov. 20.

Sunday through Thursday, tickets cost \$43 per person for adults and \$27.50 for children; Fridays, tickets cost \$44.75 per person for adults and \$29.50 for children; and Saturdays, tickets cost \$47.25 per person for adults and \$45.25 for children.

Columbia shows

Three shows include Titanic, through Nov. 11; The Sound of Music opens Nov. 15. Sunday through Thursday, tickets cost \$41 per person for adults and \$26.50 for children; Fridays, tickets cost \$42.50 per person for adults and \$28 for children; and Saturdays, tickets cost \$45 per person for adults and children.

Lyric Opera House

The Lyric Opera House will present Playhouse Disney Live, 12:30 p.m. or 3:30 p.m., Nov. 23 and 24.

Blast off to adventure with some favorite Playhouse Disney pals including the Little Einsteins Leo, Annie, Quincy and June and more.

Limited tickets are available. Tickets cost \$42 for orchestra/box seating; \$30.50 for tier level/dress circle seating first tier; and \$19 for balcony seating. Everyone regardless of age needs a ticket to enter.

For more information or to purchase tickets, call MWR Leisure Travel Services, APG North Recreation Center, building 3326, 410-278-4011/4907 or e-mail MWR-LeisureTravel@apg.army.mil.

MWR offers daily bus trips to Atlantic City

Roll the bones on daily trips to Atlantic City. MWR Leisure Travel Services offers daily bus service to Trump Taj Mahal and Tropicana casinos for ages 21 and over.

Cost of the trip to Trump Taj Mahal is \$28 per person with \$22 back in cash and a \$5 buffet coupon. Cost of the trip to Tropicana Casino is \$6, no bonus back.

The bus will leave Vitali's Restaurant, Best Western in Edgewood at 9 a.m. and return at 9 p.m.

Customers should note that the trips are selling out two weeks in advance. Call ahead to reserve a seat.

For more information, call MWR Leisure Travel Services at Aberdeen Recreation Center, building 3326, 410-278-4011/4907 or e-mail mwr_registration@apg.army.mil.

Units are set to duke it out in November

Another Amateur Boxing Night is set for 6 p.m., Nov. 17, in the parking lot of Hoyle Gymnasium, building E-4210. The 16th Ordnance Battalion will defend its title against the 143rd Ordnance Battalion.

Tickets cost \$5 for active duty military, \$10 for civilians and \$20 for ringside seats. Admission is free for children 6 and younger. The event is open to the public. Doors open at 4 p.m.

The event will be held inside the gym in case of inclement weather.

Purchase tickets at MWR Leisure Travel Services building 3326, 410-278-4011/4907 or Hoyle Gymnasium, 410-436-3375/7134.

Senior Golf special

Ruggles Golf Course is offering a Senior Golf Special to golfers age 55 or older: play Monday through Thursday until 2:30 p.m. for \$33. This special may not be used with any other discounts. Tee time registration is recommended.

For more information, call 410-278-4794 or e-mail david.correll@us.army.mil.

Sports

Fall, winter leagues forming

Bowlers don't have to be good to have fun. All leagues are based on a handicap system. Teams establish a handicap after they bowl the first three games. Handicaps are 90 percent of 200.

Wednesday Mixed will start at a time to be determined. Teams include two men and two women.

Friday Fun Bunch includes three men and one woman, three women and one man, or two men and two women. The cost and start time will be determined.

APG Youth Bowling still has openings. For youths ages 5 to 21, bowl every Saturday at 9:30 a.m. Cost is \$6.

Tuesday Intramural meets 5 p.m., Jan. 8 and starts Jan. 15. Cost is \$6 per person per week for 10 weeks. Trophies are awarded at the end of the league.

Lunch is served daily. Weekly lunch specials are advertised in the APG News every week.

For more information, call the APG Bowling Center, 410-278-4041.

Sign-up for Christmas Gift Wrap Program

Plans are underway for the annual 2007 Christmas Gift Wrap Program sponsored by AAFES and coordinated by the APG Army Volunteer Corp Coordinator. All Aberdeen Proving Ground Family Readiness groups, APG non-profit organizations, and APG volunteer activities are eligible to participate and should designate a representative.

Organization/activities interested in participating must contact Marilyn Howard, 410-278-9669, by Oct. 30 with the names and phone numbers of representatives.

All representatives must attend a mandatory meeting 10 a.m., Nov. 10, building 2754, Army Community Service.

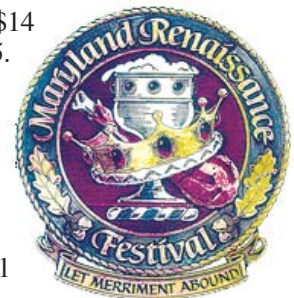


Maryland Renaissance Festival tickets available at MWR

Discount tickets for the Maryland Renaissance Festival cost \$14 for adults ages 16 and older and \$7.75 for children ages 7 to 15. Prices at the gate cost \$18 for adults and \$8 for children.

The festival is open weekends, 10 a.m. to 7 p.m., through Oct. 21. The Maryland Renaissance Festival is located on 1801 Crownsville Road in Annapolis. Handicapped parking is available next to the main gate. When entering the parking lot, follow the signs to the designated handicapped parking area.

For more information or to purchase tickets, call 410-278-4907/4011.



Pennsylvania Renaissance Faire tickets available

Tickets are available for the 2007 Pennsylvania Renaissance Faire, located on 2775 Lebanon Road, Manheim, Pa.

Tickets cost \$26.50 each for adults and \$9 for children ages 5 through 11. The Renaissance Faire will be held on weekends through Oct. 28.

For more information or to purchase tickets, call the MWR Leisure Travel office, Aberdeen Recreation Center, building 3326, 410-278-4011/4907 or e-mail MWR-LeisureTravel@apg.army.mil.

ACS upcoming events

All scheduled events will be held at the Army Community Service Center, building 2754, Rodman Road unless otherwise noted.

The ACS Employment Readiness Program in partnership with Aberdeen Proving Ground Federal Credit Union and Harford

Community College Small Business Development Center will sponsor *Smart Start Your Business seminars*. This free 90-minute orientation program provides an overview of the ways to start a business, the skills and duties of a successful entrepreneur and how to write a strategic business plan. Other services offered by the SBDC will also be discussed.

Seminars will be held 11:30 a.m. to 1 p.m. Oct. 31 and Nov. 14.

For more information or to RSVP, call 410-278-9669.

The Waiting Families Support Group is scheduled for 6 to 7 p.m., Wednesdays, at ACS, building 2754 Rodman Road. This group is designed to provide resource information to assist spouses and Family members remaining behind while the military sponsor serves on unaccompanied tours, extended TDY, or deployments.

Meetings will be held Oct. 17, Nov. 14 and Dec. 5.

For more information, call Marilyn Howard, ACS, building 2754 Rodman Road, 410-278-9669/7572.

A Support Group for Survivors meets 6 to 8 p.m. each Tuesday. The topic is "Talking

it Out." The support group is open to adults affected by unhealthy relationships including domestic and/or sexual violence.

A Support Group for Adult Survivors of Sexual Abuse will meet 11 a.m. to 1 p.m. on the second Wednesday of each month. "Let's Talk About It" provides emotional support, begins the healing process and shares experiences and resources.

Family Information Network Meeting, or FIN, support group meets 11:30 a.m. to 1 p.m., the second Wednesday of the month. It is designed to provide education, information and support to those Families who are living with or caring for an exceptional Family member.

Total Army Sponsorship Training Sponsorship Training will be held 1 to 3 p.m., Oct. 17.

Newcomers Orientation

The Relocation Readiness Program will hold its quarterly Newcomers Orientation, 1 to 3 p.m., Nov. 7, at the APG North Recreation Center, building 3326. ACS and representatives from various on- and off-post service and support agencies will be on hand to answer questions new arrivals may have. Literature and door prizes will be distributed.

To register, contact ACS, 410-278-7272 or e-mail the Relocation Readiness Program manager, Phyllis.ethridge@apg.army.mil.

Victim Advocacy APG 24-Hour hotlines: Domestic Violence-410-652-6048; Sexual Assault 1-410-322-7154.

APG Bowling Center Snack Bar specials

Building 2342

Week of Oct. 1

Special #1: Chicken cheese steak sub with mayonnaise, lettuce, tomato, pickles, onions, sweet green peppers, mushrooms, jalapeno peppers, potato chips, one cookie and soda for \$7.85.

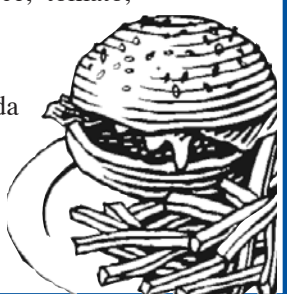
Special #2: Double cheeseburger with bacon, mayonnaise, lettuce, tomato, pickles, onions, French fries, one cookie and soda for \$6.95

Week of Oct. 9

Special #1: Grilled cheese, chicken noodle soup, one cookie and soda for \$5.25.

Special #2: Three cod strips, French fries, one cookie and soda for \$6.95.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.



Upcoming Civilian Welfare Fund events/trips

Oct. 5 – Trip to Sight and Sound to see "In the Beginning," dinner at Hershey Farms

Oct. 20 - Scrapbooking Crop at Top of the Bay

Nov. 9 thru 12 – Trip to the Grand Canyon by railway

Nov. 23 thru 25 – A weekend in New York City to see Radio City Music Hall Christmas Spectacular with hotel accommodations

Nov. 24 – Trip to New York City for the Radio City Music Hall Christmas Spectacular

Dec. 1 - Ice skating, 5:45 p.m. to 7:45 p.m., at Ice World is free to APG military, civilians, contractors, retirees and their Families. A limited number of tickets are available, so reservations should be made in advance. Skate rentals are not included.

For more information or to make reservations, call Angela Keithley, Civilian Welfare Fund Office, 410-278-4603/4771.



Channel 21 features Pentagon Channel programming

The Pentagon Channel will feature the following programs on Channel 21. These programs are subject to change each week and will be updated accordingly.

Monday

Around the Services, 8 a.m.
Focus on the Force, 10 a.m.
Army Newswatch, 11 a.m.
Freedom Journal Iraq/AF Prime Time, 1 p.m.
AFN Europe, 6:30 p.m.
Around the Services, 8 p.m.
Focus on the Force, 10 p.m.

Tuesday

Around the Services, 8 a.m.
Freedom Journal Iraq/AF Prime Time, 10 a.m.
Focus on the Force, 1 p.m.
Around the Services, 5:30 p.m.
Army Newswatch, 7 p.m.
Freedom Journal Iraq/AP Prime Time, 10 p.m.

Wednesday

Around the Services, 8 a.m.
Army Newswatch, 9:30 a.m.
Focus on the Force, 2 p.m.
AFN News Europe, 6:30 p.m.
Around the Services, 8 p.m.
Army Newswatch, 9:30 p.m.

Thursday

AF Prime Time/Freedom Journal Iraq, 10 a.m.
Around the Services, Noon
Focus on the Force, 1 p.m.
AFN News Europe, 1:30 p.m.
Around the Services, 8 p.m.
Focus on the Force, 9:30 p.m.

Friday

Around the Services, 8 a.m., Noon
Freedom Journal Iraq/AF Prime Time, 2:30 p.m.
Army Football, 4 p.m.
AFN News Europe, 6:30 p.m.
Around the Services, 8 p.m.

Saturday

Freedom Journal Iraq/AF Prime Time, 4 p.m.
Army Newswatch, 7:30 p.m.
Focus on the Force, 9 p.m.

Sunday

Focus on the Force, 11:30 a.m.
Army Healthwatch, 2 p.m.
Army Newswatch, 4:30 p.m.

Army Newswatch – Bi-weekly report on the men and women of the Army

Around the Services – From the Pentagon Channel News Center, daily half-hour program featuring military news from top defense officials and the military services from around the world

RECON – A monthly information television program providing an in-depth look at a variety of topics, highlighting the accomplishments of U.S. military men and women.

Your Corps – Monthly view of the men and women of the Marine Corps

Freedom Journal Iraq – A daily news program

produced by American Forces Network Iraq. The program focuses on military missions, operations and U.S. military forces in Iraq

Navy Marine Corp News – A weekly look at the men and women of today’s sea service

Opportunity Showcase - A monthly program dealing with a variety of subjects that benefit small business owners, transitioning military members and other subjects of opportunity-produced by the U.S. Air Force

The American Veteran - A half-hour video news magazine designed to inform veterans, their families and their communities about the services and benefits they have earned through their service to America and to recognize and honor that service

Battleground - Every weekend, this series features historic films from World War II, Korean War and the Vietnam War. A Pentagon Channel Original Series

Focus on the Force – A weekly program highlighting missions, operations and people of the U.S. military.

Inside Afghanistan – Presents the latest from Operation Enduring Freedom, showing the activities of American Troops in country.

ATS Reloaded – ATS-Reloaded revisits the best of the week and keeps viewers updated on information that’s important to them.

CFC

From front page

Retirees are permitted to donate to CFC by cash or check only.

Although key workers cannot solicit contractor employees working at APG, contractors are permitted

to contribute to the CFC by cash or check.

Individuals outside the installation may donate contributions.

Incentives will be determined at later dates.

Married couples are permitted to combine their donations if they would like to receive an upgrade incentive.

CFC trains key workers

CFC key worker training was held Oct. 1 at the APG Post Theater in conjunction with a post wide kick-off event and Oct. 3 in APG South. See next week’s paper for details on the theater event.

The 2007 Contributor’s Guide for national/international organizations is at CFC of Central Maryland’s

Web site, <http://www.cfccmd.org>.

Paper copies of the guide and pledge cards will be available from each organization key worker and at the APG CFC office starting today.

For more information, visit the APG CFC office, building 2752, room 206, or call Administrative Support at 410-278-1399.

Prevention

From front page

space. They should be at least three feet (one meter) away from anything that can burn, according to Fournier. Always turn heaters off when leaving a room or going to bed.

“If you use solid-fueled heating equipment, such as wood or coal stoves or fire places, make sure that your chimney is inspected and cleaned by a qualified professional annually,” he added.

Despite steady progress through public education programs in fire safety, U.S. fire deaths relative to population remain among the highest in the world. Every year, thousands of people die in home fires and tens of thousands more are injured.

In 2006, 87 fire fighters across the nation made the ultimate sacrifice in protecting life and property and tens of thousands more were injured.

In fiscal year 2006, there were 6,578 fires on Department of Defense installations. Of those 1,397 were building fires, 692 vehicle fires and 4,489 were listed as ‘other’ fires. The total loss for these fires was \$173,016,821. There were 47 civilian fire related injuries, 34 fire service injuries and five civilian fire related fatalities. Some of the civilian fire fatalities occurred in military Family housing.

Because of this, members of the

APG Fire and Emergency Services Division have been working with the Housing Division by going into Family housing units and testing smoke detectors--making sure that windows and doors work properly before these units are issued to new occupants.

“In addition, Fire Protection Inspector Thomas Stanford has developed a Voluntary Home Inspection program for military housing, which we plan to kick off during National Fire Prevention Week,” Fournier said.

This program is designed to assist occupants in developing fire escape plans, selecting a meeting place outside of the home, testing the smoke detector and conducting a general fire prevention inspection around the home.

“The fire inspectors will assist the occupants in getting assistance to correct any deficiencies found. A voluntary form will be provided to Family occupants during Fire Prevention Week, and a member of the Fire and Emergency Services Division will contact the occupant to schedule a time to conduct the inspection with the occupant.

“We can do better and Fire Prevention Week can show us how,” Fournier said.

Aberdeen Proving Ground will join other fire departments during National Fire Prevention Week by conducting unannounced fire drills throughout APG.



Photo by ANDRE FOURNIER

This year’s theme for National Fire Prevention Week is “It’s Fire Prevention Week: Practice Your Escape Plan.” Keeping hallways and stairways clear provides clear passage in the event emergency medical services personnel have to bring a stretcher and other life saving equipment in the home to care for injured personnel.

“We want to make sure that our employees and residents are prepared in the event of a fire,” Fournier said. “Most building occupants think that their fire alarm system is connected directly to the Fire Department. This is only true for a portion of buildings on this installation. People need to be reminded that anytime the fire alarm is activated, someone needs to dial 911 and report the activation.

“Also, building occupants may be familiar with the sound of the fire alarm, but they may not be familiar with or know an alternate way out of

their building,” he said. “We want to make sure that everyone knows how to get out of a burning building, and the only way to know is to practice fire drills.

“And, remember, when you change your clock back one hour this fall, change the battery in your smoke detector,” he said. “It is also recommended that when you change your clock to spring forward, change your battery again. It could very well be the change that saves your life.

Practice fire prevention every day of the year.”

Violence

From front page

person with whom the abused person shares a child; or a current or former intimate partner with whom the abused person lives or has lived with.

“Domestic abuse is not always physical,” said Lynda Fernandez, ACS Family Advocacy Victim Advocacy coordinator. “Individuals who are not physically injured suffer from other forms of violence,” she said. “Disparaging remarks and other insults, verbal threats, and social and economic isolation may not be readily recognized as domestic abuse, but they are. These tactics tear away at the individual’s spirit and their ability to develop and maintain a healthy sense of self.”

“The Army’s policy is that domestic abuse will not be tolerated among the ranks,” said Celestine Beckett, ACS officer. “Not only is the Department of the Army taking a stronger stance to hold perpetrators of abuse accountable, it is taking steps to ensure that victims of abuse, both active duty and Family members, have the resources and options necessary for getting the help that they need.”

The ACS Family Advocacy Program is the installation commander’s program for preventing domestic violence and providing intervention in cases where abuse has already occurred.

“We use a team approach, with intervention and counseling services provided through the Kirk U.S. Army Health Clinic Behavioral Health Care Services and civilian sources, and prevention services and programs provided through the FAP,” Beckett said.

The DoD’s commitment to ensuring that all victims of domestic abuse are protected, treated

with dignity and respect, and afforded the support, advocacy and care that they deserve has resulted in the development and implementation of reporting options for Soldiers and Family member victims of abuse.

“DoD policy strongly supports command awareness and law enforcement and criminal justice involvement to maximize offender accountability, but these can sometimes serve as barriers that keep victims from coming forward to access medical and victim advocacy services,” Rivera said. “The fear of repercussion to an active duty spouse keeps many victims from getting the help that they need. That is why DoD’s restricted and unrestricted reporting options are so important.”

Under the restricted reporting option, domestic abuse victims who desire medical and advocacy assistance can access these by reporting the abuse to a victim advocate, a victim advocate supervisor, or a healthcare provider.

“Disclosing the abuse to anyone outside of this protective sphere can move the report into the unrestricted arena and trigger an official investigation and command involvement,” Fernandez said.

Victims of domestic abuse who want to pursue an official investigation should use the unrestricted reporting option, e.g., chain of command, the FAP, installation Reporting Point of Contact or law enforcement.

For more information on domestic violence reporting options, resources available to help victims of abuse, and on DVAM events and activities, contact the ACS Family Advocacy Program, 410-278-7478 or 410-278-2435.

Signs of domestic abuse

- Being afraid of one’s spouse or intimate partner
- Rough treatment – Grabbing, pushing, shov-

ing, hitting, etc.

- Emotional abuse – Putdowns, embarrassment, or humiliation in front of others
- Social Isolation – Not being allowed to see or talk to Family or friends
- Property destruction – Destruction of one’s personal property or items of emotional value by a partner or spouse
- Threats of suicide or homicide – “If you leave me I’ll...”

Signs that someone you care about may be a victim of domestic abuse

- Unexplained bruises or injuries
- Bruises or injuries not consistent with the explanations given for them
- Increased or unexplained absences from work
- Harassing phone calls at work
- Withdrawal from Family, friends and fellow service members
- Stalking

If you or someone you know is in an abusive relationship, help is available.

APG 24-Hour Domestic Violence Hotline

- 410-652-6048

The ACS Family Advocacy Program

- 410-278-7478/2435

Harford County Sexual Assault and Spouse Abuse Resource Center (SARC), Inc.

- 24-Hour Hotline: 410-836-8430

The National Coalition Against Domestic Violence

- 1-800-799-SAFE (7233)

APG Reporting Point of Contact (RPOC)

- 410-306-2222

Military One Source

- 1-800-464-8107

Civilian Law Enforcement

- 911



Legally Speaking



Office of the Staff Judge Advocate at http://www.apg.army.mil/apghome/sites/installation/Staff_Judge/index.html

Explaining the limitations on federal civilian employees and service members’ participation in political activities

Story by
CAPT JULIE WORTHINGTON
OSJA

With the 2008 Presidential campaign season underway, federal employees and service members may wish to become involved in campaigning for a political candidate or cause. Before doing so, it is important to understand there are certain limitations placed on employees’ political activities.

The following is general guidance about what types of political activities are permitted and what activities are prohibited depending on whether the individual is a civilian or a service member.

- Federal civilian employees may:**
- vote and be a member of a political party;
 - initiate a petition for a particular candidate;
 - donate money to a political campaign;
 - place a bumper sticker on their private vehicles;
 - be a candidate for public office in nonpartisan elections;
 - campaign for or against candidates in partisan political elections, referendum questions, constitutional amendments, or municipal ordinance; and
 - assist in voter registration drives and express their opinions about candidates and issues while not on duty or on government property.
- Federal civilian employees may not:**
- use their official title if participating in a political rally or caucus;

- use their authority or position to coerce or influence anyone into participating in any political activity or cause;
- run for the nomination or as a candidate for election to a partisan political office;
- participate in any political activity while on duty, while in the federal workplace, while wearing insignia, or while using government resources (including e-mail);
- host or sponsor a political fundraiser even at their residence (however, a civilian employee’s spouse may host or sponsor the fundraiser and the civilian spouse may attend); and
- solicit or receive political contributions as federal civilian employees even if over the phone and even if anonymously.

Civilians who violate these rules risk being removed from their positions with the federal government and may be prosecuted. Four employees in the USDA were convicted for political fundraising on federal property. The employees organized a Political Action Committee to raise money for the 1992 Presidential campaign. They collected a total of \$3,250 in checks from various individuals in the USDA building. To encourage donations, the four employees suggested that contributions to their fund might result in special consideration from the USDA officials affiliated with the administration. After the election, the four created a list of USDA employees who should not, in their opinion, receive special con-

sideration from the administration. The four defendants each received four years probation. Two of the defendants were fined \$1,000 and ordered to perform community service. The other two defendants were fined \$2,500 and ordered to serve 30 days detention in a half-way house. For more examples of violations of the Hatch Act, visit the DOD Encyclopedia of Ethical Failures at http://www.dod.mil/dodgc/defense_ethics/dod_oge/Encyclopedia_of_Ethical_Failures_2006_Full_Version.doc.

- Active duty members may:**
- participate in political affairs in a limited capacity;
 - join a political party, vote and display a bumper sticker on their personal vehicle;
 - attend political rallies as long as the rally is not during duty hours and not in uniform;
 - encourage other Soldiers to vote;
 - donate money to a political campaign;
 - serve as an election official in an election if the Soldier is not in uniform, the service does not interfere with military duties and the Soldier receives prior approval by the installation commander; and
 - seek and hold nonpartisan civil office as a notary public, member of a school board, neighborhood planning commission, or similar local agency as long as the office is held in a private capacity and does not interfere with military duties.

- Active duty members may not:**
- solicit votes or money for a political candidate or cause;
 - display large signs or banners on their privately owned vehicles;
 - participate in political activities while in government quarters;
 - campaign for, or hold elected office in the U.S. government, or the government of any state or territory;
 - use their influence or authority to sway a Soldier’s decision on who or what to vote for in an election; and
 - march or ride in a partisan political parade.
- Some activities that are not expressly prohibited may be contrary to the spirit and intent of Department of Defense Directive 1344.10. Therefore, any activity that may be viewed as associating the DoD or any component directly or indirectly with a partisan political activity should be avoided.
- Service members who violate these rules may face action under the Uniform Code of Military Justice.
- During the upcoming election season these rules should be used as a guide by both federal civilian employees and service members on how and when to participate legally in the political process.
- If there are any questions concerning this guidance, contact the Office of the Staff Judge Advocate, Administrative and Civil Law Division, 410-278-1116.

There is still time to request the Telephone Excise Tax Refund

Story by
SANDI WILLIAMS
OSJA

The Telephone Excise Tax Refund is a one-time refund available on 2006 federal income tax returns.

Background

The tax on long-distance services was first imposed in 1898 as a “luxury tax” on wealthy Americans who owned telephones. The government stopped collecting the long-distance excise tax August 2006 after several federal court decisions held that the tax does not apply to long-distance service as it is billed today.

The one-time refund is owed to just about anyone who paid a phone bill in the last several years.

A taxpayer is eligible if they paid long-distance excise taxes on landline, cell phone, Voice over Internet Pro-

tolocol (VoIP), or bundled service that was billed for the period after Feb. 28, 2003 and before Aug. 1, 2006.

Bundled service includes phone plans that provide both local and long-distance service for either a flat monthly fee or a charge that varies with the time for which the service is used. It is the type of service provided by many cell-phone companies.

The IRS has released standard amounts that can be claimed on the 2006 tax return, rather than claiming the actual tax paid for long-distance service. The amounts, based on the number of exemptions claimed on the 2006 return, are: \$30 for one exemption, \$40 for two exemptions, \$50 for three exemptions and \$60 for four or more exemptions.

Though it is optional, consider

using the standard-refund amount. It is easy to figure and approximates the eligible amount for most telephone customers.

Fill out the designated line on the return, and proof does not need to be presented to the IRS. If an individual can be claimed as a dependent on someone else’s return, the standard amount cannot be used.

If a taxpayer paid more than the standard amount, they may figure their refund using the actual amount of tax shown on their phone bills and other records. Plus, with this method, interest will be paid on the tax.

Base the refund request on the three-percent federal tax paid, not the total phone bill. Do not include federal excise tax on local telephone service, or any state and local taxes

and fees. A taxpayer must have the phone bills or other records adequate to support the amount being requested. These documents should be retained in case the IRS questions the amount claimed.

If a taxpayer is not sure whether they paid the tax, check the portion of the telephone bill that relates to long-distance or bundled service. Service providers use a number of different terms to identify the tax. Phrases to look for include: “Federal,” “Federal Excise 3%,” “Federal Tax,” “Fed Excise Tax” and “FET.” Typically, this federal tax amount is normally shown as a separate line item.

Eligible phone customers can request the refund on their 2006 income-tax return. This includes those who haven’t filed yet or those

who obtained a tax-filing extension earlier this year. People who don’t need to file a regular income-tax return can use a special short Form 1040EZ-T to request the refund. Individuals with low income, including many senior citizens, may qualify to use this special form.

Taxpayers who filed their federal tax return before realizing that they missed out on claiming this unique refund can file an amended return using the most recent version of IRS Form 1040X and enter the credit on line 15. This form, available on IRS.gov, cannot be e-filed; it must be filed on paper.

For more information on the Telephone Tax Refund or other general tax questions, call the Client Services Division, 410-278-1583, Monday through Friday, 8 a.m. to 1 p.m.



DENTAC Health Notes



Commentary: Does going to the dentist really hurt?

By
MAJ JOSEPH A MARINO, DDS
Special contributor

The pain and suffering associated with a trip to the dentist is really the stuff of legends.

Expressions regarding the experience are ingrained in our culture. Sayings such as “That was more fun than a root canal” are heard often. Another one is “I’d rather be in labor than be at the dentist.” Sometimes even men use that one.

The real question is just what is the basis of these perceptions? What is fact and what is fiction? Looking at the facts, one can see that the perception is the fiction. The reason, local anesthetics.

It all started in the Andes Moun-

tains. Local anesthetics were considered to be among the most important drugs of all time. At the time of their first use they were considered revolutionary in that they allowed the temporary loss of sensation in a specific body part without the inherent risk of general anesthesia. They changed the face of minor surgical procedures. This is especially so for dentistry. One no longer had to “grin and bear it” in order to get through the treatment. Of course, this was not always the case.

Dentistry’s reputation for pain was established in the days before “novocaine.” It wasn’t until the late 1800s when it was discovered that a substance being chewed by the natives of the Andes Mountains had a special

quality. It turns out this substance had been used for recreational purposes for thousands of years. The name of the substance was cocaine.

The real golden age of dentistry?

Some might think that through the legitimate use of a substance such as cocaine, dental treatment would have more willing patient participation. That may or may not have been true at the time. Cocaine’s good properties as a local anesthetic were offset by its narrow therapeutic window and, not surprisingly, its high abuse potential. The search was on for a safer and less addicting alternative.

Is it really called ‘novocaine?’

A chemical formulation named Procaine was developed as an alternative to cocaine. This is the substance

that became known as “novocaine.” That Procaine was really the father of modern local anesthetics has allowed the use of the word novocaine to persist up to the present.

Procaine, however, was not without its own problems. Despite its effectiveness as a local anesthetic agent, too many people developed allergic reactions to it. What was discovered was that one portion of the chemical formulation, the “ester linkage” part, was the main culprit. What followed in the laboratories was work on an alternative linkage. When an “amide linkage” was substituted, almost all of the allergic responses were eliminated. Lidocaine was born, and it remains the most used local anesthetic agent of the day.

So, does it really hurt to go to the dentist?

The short answer to the above question is no. While there is so much individual variation from person to person with regards to things such as pain threshold and placebo effect, the facts are these. The local anesthetics of today are both extremely effective and exceptionally safe for the vast majority of the patients that they are used on. If one is willing to endure a small pinch, dental treatment can actually be quite comfortable.

(Editor’s note: Marino was previously assigned to the APG Dental Clinic. Currently attending the Oral and Maxillofacial Residency Program at the National Naval Medical Center in Bethesda, he continues to write for APG News as a special contributor.)



SAFETY

Composite Risk Management

DeCA pulls two more items in frozen ground beef recall

DeCA

Two more items were pulled from commissary shelves Sept. 27 as part of a voluntary recall of more than 300,000 pounds of frozen ground beef by Topps Meat Company, LLC.

The original recall, announced by the U.S. Department of Agriculture on Sept. 25, was set in motion after health inspectors in New York determined that a cluster of illnesses in the Northeast was linked to E. coli contamination.

This action brings to four the number of frozen ground beef products that the Defense Commissary Agency has pulled as part of the Topps recall. DeCA food safety officials said. Commissaries have altogether pulled the following items from its shelves:

Added Sept. 27

- “Topps 100% Pure Ground Beef hamburgers,” 6 oz. (pub burgers), 3-pound boxes (UPC:

07470100045). Each box bears a sell-by date of “JUN 22 08.”

- “Topps 100% Pure Ground Beef Hamburgers,” quarter pounders, 5-pound boxes (UPC: 074701-00055). Each box bears a sell-by date of “JUN 22 08,” “JUL 12 08” or “JUL 23 08.”

Announced Sept. 26

- Topps 100% Pure Ground Beef Hamburgers,” 12 quarter pounders (picnic), 3-pound boxes (UPC: 074701-00025). Each box bears a sell-by date of “JUN 22 08,” “JUL 12 08” or “JUL 23 08.”
- “Mike’s 20 Seasoned Beef Patties,” 20 quarter pounders, 5-pound boxes (UPC: 074701-00110). Each box bears a sell-by date of “JUN 22 08,” “JUL 12 08” or “JUL 23 08.”

E. coli O157:H7 is a potentially deadly bacterium that can cause bloody diarrhea and dehydration. The very young, seniors and persons with compromised immune systems are

the most susceptible to food borne illness.

An investigation into a cluster of illnesses in the Northeast region carried out by the New York State Department of Health in coordination with the Centers for Disease Control and Prevention led to a positive product sample collected by the New York Department of Health.

Commissary patrons who have any of these products at home should stop consuming it and return the unused product with the label to the store from which they purchased it for a full refund.

The products subject to recall bear the establishment number “Est. 9748” inside the USDA mark of inspection.

Complete recall list includes the following products:

- “Butcher’s Best 100% All Beef Patties,” 75/25, 6 oz. flat, 27 pieces, 10-pound boxes. Each box bears a sell-by date of “JUL 23 08.”
- “Butcher’s Best 100% All Beef Patties,”

75/25, 4 oz. (4-1), 40 pieces, 10-pound boxes. Each box bears a sell-by date of “JUL 23 08.”

- “Kohler Foods 4 oz. Flat Hamburger,” Code: 60100, 40 pieces, 10-pound boxes. Each box bears a sell-by date of “JUL 23 08.”
- “Kohler Foods 6 oz. Flat Hamburger,” Code: 60200, 27 pieces, 10-pound boxes. Each box bears a sell-by date of “JUL 23 08.”
- “Kohler Foods 8 oz. Flat Hamburger,” Code: 60300, 20 pieces, 10-pound boxes. Each box bears a sell-by date of “JUL 23 08.”
- “Sand Castle Fine Meat, 100% Premium Beef Hamburgers,” 80/20, 8 oz. flat, 20 count, 10-pound boxes. Each box bears a packed-on date of “JUN 22 07.”
- “Sand Castle Fine Meat, 100% Premium Beef Hamburgers,” 85/15, 6 oz. flat, 27 count, 10-pound boxes. Each box bears a packed-on date of “JUN 22 07.”

See BEEF RECALL, page 14



Commentary: Fighting the Respiratory Syncytial Virus

By
CAPT. ROBIN WHITMORE
Gen. Leonard Wood Army Community Hospital

Early fall, winter and spring are typically the seasons for cold and flu. Many viruses come out during this time of the year. One of those is the Respiratory Syncytial Virus, known as RSV.

It's important to understand RSV and know how to prevent it so you can protect yourself and your Family.

RSV is a common virus that usually causes mild cold symptoms in adults and children. Newborn babies that are premature or have heart, lung, or immune system problems are at a high risk to get very sick if infected with RSV early in life.

Information taken from the Pediatric Infectious Disease Journal indicated that an estimated 125,000 infants in the United States are hospitalized each year with severe RSV, the leading cause of infant hospitalizations. RSV is most common from October to March, although people can become infected any time of the year. By age 2, nearly all children will be infected with RSV at least once.

Mild cold-like symptoms, such as runny nose and fever, are RSV's most common signs and symptoms. RSV is very contagious and usually lasts from eight to 15 days.

Most cases are mild and require no specific treatment from doctors.



However, RSV infections can lead to more serious illnesses in some babies.

Persistent coughing, wheezing, rapid breathing, problems breathing or gasping for breath, blue color of the lips or around the mouth, difficulty sucking or swallowing and a high fever are all serious signs and symptoms that should be reported to a health care provider immediately. Worsening symptoms can be severe and possibly life-threatening.

Risk factors for severe RSV disease

Premature birth. Infants born prematurely by more than four weeks

are at higher risk to develop a serious RSV infection that may require hospitalization early in life.

Being born with lung or heart disease.

Low birth weight. Babies with a low birth weight are at an increased risk of death from RSV, according to the Journal of Pediatrics.

Older brothers and sisters. Babies in contact with school-age siblings can get RSV during cold and flu season.

Going to day care. Babies who attend day care are at higher risk to get RSV.

Tobacco smoke and other air pollutants. Tobacco smoke and other pollutants can irritate a baby's lungs and make it harder to fight RSV.

Family history of asthma. There is a higher risk for severe RSV in children with a Family history of asthma.

To prevent RSV, experts say it's important for parents and caregivers to be aware of ways the RSV virus is spread.

It can spread through mouth or nose secretions such as coughing or sneezing. It can also live on surfaces such as countertops and doorknobs, and on hands and clothing.

RSV can be easily spread when a person touches the surface or object where the virus lives. The virus can live on surfaces for many hours and 30 minutes or more on hands.

Infants and children that are con-

sidered high risk for serious RSV disease can be given a monthly injection of a medication containing RSV antibodies during RSV season. Ask a physician to determine if the infant or child is considered high risk and eligible for this medication.

Parents and caregivers should be familiar with ways to keep RSV from spreading. Help protect infants and young children from RSV by:

Keeping infants and children away from people who are sneezing or

coughing.

Making sure everyone who touches the infant has clean hands.

Keeping infants away from crowds of people.

Not allowing anyone to smoke near infants or children.

Washing hands after having contact with someone who has any cold symptoms.

Keeping school-age children with cold symptoms away from younger siblings until their symptoms pass.

LEAVE DONATIONS

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). For more information, call Ronda McKinney, 410-278-8988, or e-mail rondamckinney@usag.apg.army.mil.

Employees eligible for donations in the Voluntary Leave Transfer Program

James Addas	Shelia Davison	Gloria Morales
Karen Blades	(benign paroxysmal positional vertigo)	Cindy Orwig
William Bond	Wayne Doyle	Donna Sexton
Debra Bonsall	Carolyn Johnson	Dianne Simmons
(daughter has brain tumor)	Beverly King (caring for husband)	Louis Winters
Barbara Crossley		Sharon Woods
John Daigle		Charles Young

Beef recall

From page 12

- “Topps 100% Pure Ground Beef Hamburgers,” 8 quarter pounders, 2-pound boxes. Each box bears a sell-by date of “JUL 12 08.”
- “Topps 100% Pure Ground Beef Hamburgers,” 3 oz., 10 count, 2-pound boxes. Each box bears a sell-by date of “JUL 12 08.”
- “Topps 100% Pure Ground Beef Hamburgers,” 6 oz. pub burgers, 3-

pound boxes. Each box bears a sell-by date of “JUN 22 08.”

- “Topps 100% Pure Ground Beef Hamburgers,” 12 quarter pounders, 3-pound boxes. Each box bears a sell-by date of “JUN 22 08,” “JUL 12 08” or “JUL 23 08.”
- “Topps 100% Pure Ground Beef Hamburgers,” 16 hamburgers, 3-pound boxes. Each box bears a sell-by date of “JUL 23 08.”
- “Topps 100% Pure Ground Beef Hamburgers,” 20 quarter pounders, 5-pound boxes. Each box bears a sell-by date of “JUN 22 08,” “JUL 12 08”

or “JUL 23 08.”

- “Topps 100% Pure Ground Beef Hamburgers,” 32 quarter pounders, 8-pound boxes. Each box bears a sell-by date of “JUN 22 08.”
- “Topps 100% Premium Hamburgers,” 5 oz. (1/2”), 10-pound boxes. Each box bears a sell-by date of “JUN 22 08.”
- “Topps Hamburgers,” 3.2 oz, 50 count, 10-pound boxes. Each box bears a sell-by date of “JUL 12 08.”
- “Topps 100% Premium Hamburgers,” 8 oz. (pub burger), 10-pound boxes. Each box bears a sell-by date

of “JUL 23 08.”

- “Topps 100% Premium Hamburgers - Homestyle,” 4 oz. (4-1), 10-pound boxes. Each box bears a sell-by date of “JUL 23 08.”
- “Westside, 100% Premium Hamburger,” 8 oz. flat, 20 count, 10-pound boxes. Each box bears a sell-by date of “JUN 22 08.”
- “Westside, 100% Premium Hamburger,” 6 oz., flat, 27 count, 10-pound boxes. Each box bears a sell-by date of “JUN 22 08.”
- “Westside, 100% Premium Hamburger,” 5 oz. flat, 32 count, 10-pound

boxes. Each box bears a sell-by date of “JUN 22 08.”

Consumers with food safety questions can “Ask Karen,” the FSIS virtual representative, available 24 hours a day at <http://www.askkaren.gov/>. The toll-free USDA Meat and Poultry Hotline, 1-888-MPHotline (1-888-674-6854), is available in English and Spanish and can be reached from 10 a.m. to 4 p.m. (Eastern Time) Monday through Friday. Recorded food safety messages are available 24 hours a day.